

Communication skills and CBSE workshop

Date- 18th August, 2019

Topic –Effective Communication skills

Attended by- Students of class XI

The resource person Mrs Veena Upadhaya apprised the students about the significance of effective communication skills. According to her, effective communication skills should be developed, honed and added to, on an ongoing basis.

She also added that language is one of the most powerful indicators of how we think and feel about ourselves and others. The ability to communicate effectively is an essential skill in today's time. She reminded that communication is a dynamic process and how we communicate can positively and negatively affect the relationships in life, which was followed by some interesting activities.

The workshop was indeed informative for the students and they learnt how to make use of communication effectively in day to day life.