

## Mid-Day Meal Menu 2017-18 (Summers)

### Timings for Mid-Day Meal 10:00 am-10:30 am

Week	Days	Food	Supplement
First	MONDAY	Palak Parantha + Dal Makhani +	Lemonade
	TUESDAY	Rajma Rice	Ice Cream
	WEDNESDAY	Shahi Paneer + Chapati	Fruit Cake
	THURSDAY	Idli Sambhar(With Vegetables)	Besan Ladoo
	FRIDAY	Black Channa +Poori	Rooh Afza
	SATURDAY	Dosa Sambhar(With Vegetables)	Banana
	<b>SUNDAY</b>	<b>HOLIDAY</b>	-
Second	MONDAY	Sandwich+Vegetable Cutlet	Biscuit
	TUESDAY	Veg. Biryani+Raita	Fruit
	WEDNESDAY	Besan Chila (With Vegetables)	Ice Cream
	THURSDAY	Veg. Atta Noodles	Rooh Afza
	FRIDAY	Stuffed Parantha+Raita	Fruit
	<b>SATURDAY</b>	<b>HOLIDAY</b>	-
	<b>SUNDAY</b>	<b>HOLIDAY</b>	-
Third	MONDAY	Paneer Kofta + Chapati	Lemonade
	TUESDAY	Chole Bhature	Fruit Cake
	WEDNESDAY	Veg. Kathi Roll	Rooh Afza
	THURSDAY	Uttapam(With Vegetable)+Chutney	Ice Cream
	FRIDAY	Matar Nutrella+ Chapati	Burfi
	SATURDAY	Pav Bhaaji	Fruit
	<b>SUNDAY</b>	<b>HOLIDAY</b>	-
Fourth	MONDAY	Malai Kofta+Chapati	Rooh Afza
	TUESDAY	Stuffed Naan+ Daal	Chocolate
	WEDNESDAY	Idli Sambhar(With Vegetables)	Fruit
	THURSDAY	Poori Aloo	Kheer
	FRIDAY	Rice + Black Channa	Custard
	<b>SATURDAY</b>	<b>HOLIDAY</b>	-
	<b>SUNDAY</b>	<b>HOLIDAY</b>	-
Fifth	MONDAY	Stuffed Parantha +Raita	Besan Ladoo
	TUESDAY	Veg. Atta Noodles	Lemonade
	WEDNESDAY	White Channa + Rice	Banana
	THURSDAY	Aloo Matar Paneer + Chapati	Chocolate
	FRIDAY	Pav Bhaaji	Fruit Cake
	SATURDAY	Uttapam(With Vegetables)+Sambhar	Coconut Burfi