

TEXT BOOKS

SCHOLASTIC			
S.NO.	SUBJECT	NAME OF BOOK	PUBLISHER
1.	ENGLISH	THE ENGLISH CHANNEL COURSE BOOK CLASS VI WOW ENGLISH GRAMMAR FOR CLASS VI 15 SHORT STORIES BY MODERN INDIAN WRITERSBY VIJYA GHOSE MINI DICTIONARY	BRITANNICA EUPHEUS LEARNING RATNA SAGAR OXFORD
2.	HINDI	BASANT PART – I BAAL RAM KATHA VYAKARAN PUSHP BHAG – VI	NCERT SARASWATI BLUE PRINT
3.	MATHEMATICS	MATHEMATICS TEXTBOOK FOR CLASS VI	NCERT
4.	SCIENCE	SCIENCE TEXTBOOK FOR CLASS VI	NCERT
5.	SOCIAL SCIENCE	HISTORY: OUR PASTS – I GEOGRAPHY: THE EARTH: OUR HABITAT-I POLITICAL SCIENCE: SOCIAL AND POLITICAL SCIENCE – I	NCERT
6.	SANSKRIT	RUCHIRA - PRATHAMO BHAG MANIKA-VYAKRAN TATHA RACHNA – VI	NCERT SARASWATI PUBLICATION
CO-SCHOLASTIC			
1.	COMPUTER	GATEWAY TO WINDOWS WITH OPEN OFFICE- (WITH UPDATION)	NAVDEEP
2.	GENERAL KNOWLEDGE	GK PLANET	PMP PLANET
3.	LIFE SKILLS AND VALUE EDUCATION	LIFESKILL MANUALS & VALUE EDUCATION KIT (Available in Library)	CBSE
4.	ART	AESTHETIC ART- VI	KIRTI PUBLICATION

ENGLISH

MONTH: APRIL

Topic	1 st Week	2 nd Week	3 rd Week	4 th Week
Unit 1- Early Years 1. Grammar- Kinds of Sentences,Articles 2. Writing Skill- Diary Entry	Poem Problem Solving.	Prose: A Passage Through Youth	Writing Skill Diary Entry Grammar: Articles	Prose: The Turning Point* Grammar: Sentences
Learning Objectives	It will enable the students to: <ul style="list-style-type: none"> • explore, discuss, write about the theme- Early years. • answer factual and inferential questions. • use articles in their written and spoken language. • learn to write the art of diary entry. 			
Expected Learning Outcomes	The learners will <ul style="list-style-type: none"> • understand the importance of problem solving. • become proficient in pronunciation and intonation. • ask and answer questions logically and effectively. • be able to use articles correctly. • identify and explain the significance of essential elements in poetry. 			
Suggested Activity	Listening Activity Page 28 'The Turning Point'			
Teaching Aids/Resources	• Smart Class Module, Dictionary			

Note: The lessons marked with * are for leisure reading / reading comprehension/ discussion ONLY; not for testing.

MONTH: MAY

Topic	1 st Week	2 nd Week	3 rd Week	4 th Week
Unit 2- The Great Outdoors 1. Writing Skill- Poster Making 2. Grammar- Pronouns	Grammar: Noun	Prose: Conquering Mount Everest Prose: Ultimate Frisbee*	Writing: Poster Making. Pronouns Poem: Missed	Summer Break commence
Learning Objectives	It will enable the students to - <ul style="list-style-type: none"> • participate in discussions and writing which demonstrates an understanding of the theme- The Great outdoors. • learn to comprehend the passage effectively and answer the questions. • develop the comprehension skills of the students. 			

	<ul style="list-style-type: none"> identify and explain the significance of the essential elements of the writer's craft in the given poem
Expected Learning Outcomes	<p>The learners will -</p> <ul style="list-style-type: none"> ask and answer questions logically and effectively. use correct expression in their written and spoken English. engage in creative expression to captivate the audience. be able to use pronouns correctly.
Suggested Activity	<ul style="list-style-type: none"> Reading Comprehension 'Ultimate Frizbee'
Teaching Aids/Resources	<ul style="list-style-type: none"> Smart Class Module and Worksheets

MONTH: JULY

Topic	1 st Week	2 nd Week	3 rd Week	4 th Week	5 th Week
Unit 3– Other Beings <ul style="list-style-type: none"> Writing Skill- Informal letter Writing Grammar- Prepositions 	Poem: A Spaceship Landed over There.	Writing Skill: Informal Letter	Grammar- Prepositions Prose: The Curious Robot	Prose: Just Before Recess* *Discussion and Assessment of '15 Short Stories by Modern Indian Writers'	*Discussion and Assessment of '15 Short Stories by Modern Indian Writers' (contd..)
Learning Objectives	<p>It will enable the students to</p> <ul style="list-style-type: none"> comprehend the lesson and answer questions based on the same. demonstrate and recognize the consistent and effective use of prepositions. learn the art of writing a letter. <p>identify and explain the significance of essential elements in poetry.</p>				
Expected Learning Outcomes	<p>The learners will:</p> <ul style="list-style-type: none"> engage in informal writing assignments that require utilization of all stages of the writing process. be able to ask and answer questions logically and effectively. be able to use correct expression in their written and spoken English. 				
Suggested Activity:	<ul style="list-style-type: none"> Dramatization: The Curious Robot 				
Teaching Aids/ Resources	<ul style="list-style-type: none"> Smart Class Module and Worksheets 				

MONTH: AUGUST

TOPIC	1 st Week	2 nd Week	3 rd Week	4 th Week	5 th Week
UNIT 4-Overcoming Obstacles 1. Grammar- Tenses 2. Writing Skill- Biographical Sketch	Poem. Little by Little Grammar: Adverb	Prose: Sally's Shoes	Grammar- Tenses(Present and Past)	Writing Skill- Biographical Sketch Tenses(Past and future)	Prose: The Emperor's Seed Integrated Grammar
Learning Objectives	It will enable students to <ul style="list-style-type: none"> • learn to overcome challenges. • demonstrate and recognize consistent control of tenses. • learn to write the biographical sketch using value points. • identify and explain the significance of the essential elements of the writer's craft in given poem. 				
Expected Learning Outcomes	The learners will <ul style="list-style-type: none"> • be able to correct inconsistent verb forms. • be able to ask and answer questions logically and effectively. • be able to use correct expression in their written and spoken English. • engage in formal writing assignments that require utilization of all stages of the writing process. 				
Suggested Activity	<ul style="list-style-type: none"> • The Emperor's Seed (Speaking and Listening Skills) 				
Teaching Aids/Resources	<ul style="list-style-type: none"> • Smart Class Module, Worksheets and Dictionary 				

MONTH: SEPTEMBER

TOPIC	1 st Week	2 nd Week	3 rd Week	4 th Week
	Revision	Revision	Term I	Term I
Learning Objectives	<ul style="list-style-type: none"> • To test the learners' comprehension, writing skills, grammar and understanding of the prose and poetry. • To reinforce what was taught during the entire session. • To understand and correct the mistakes made in the answer sheets of SA 1 examination. 			
Expected Learning Outcomes	The learners will <ul style="list-style-type: none"> • understand and evaluate the errors and mistakes made in the paper and would be able to improve upon the same through correction. • apply what was learned in classroom to novel situations. • demonstrate literal and inferential comprehension of what was taught during classroom teaching. • engage in revision in the following areas: <ol style="list-style-type: none"> a. language, information, style, voice and structure appropriate to the purpose and selected audience. b. clear, understandable, and accurate language. 			

	<p>c. fluent and precise transitions between sentences, ideas, and paragraphs.</p> <p>d. appropriate organization and order of words, sentences and paragraphs within a writing skill.</p>
Teaching Aids/ Resources	<ul style="list-style-type: none"> • Answer sheets and suggested answers.

MONTH: OCTOBER

Topic	1 st Week	2 nd Week	3 rd Week	4 th Week	5 th week
Unit 5- Nature Nuggets 1. Writing Skill- Informal Letter 2. Grammar- Voice	Grammar: Voice <ul style="list-style-type: none"> • Active Voice 	Grammar: Voice (continued) <ul style="list-style-type: none"> • Passive voice Prose: I am Watching Grandpa*	Poem: The Brook	Prose: With a Bushman in the Kalahari	Prose: With a Bushman in the Kalahari (contd...)
Learning Objectives	It will enable the students to <ul style="list-style-type: none"> • appreciate and value Nature around us. • comprehend the lesson and answer questions based on the same. • identify and understand the significance of essential elements in poetry. • understand and use active and passive voice write grammatically correct English.				
Expected Learning Outcomes	The learners will <ul style="list-style-type: none"> • appreciate Nature around us and realize its importance. • be able to ask and answer questions logically and effectively. • be able to use correct expression in their written and spoken English. engage in formal writing assignments that require utilization of all stages of the writing process.				
Suggested Activity	<ul style="list-style-type: none"> • Summary Writing of ' I am Watching Grandpa' 				<ul style="list-style-type: none"> •
Teaching Aids/ Resources	<ul style="list-style-type: none"> • Smart Class Module, Worksheets and Dictionary 				<ul style="list-style-type: none"> •

MONTH: NOVEMBER

Topic	1 st Week	2 nd Week	3 rd Week	4 th Week	
Unit 6- Of People and Places 1. Grammar- Adjectives, Degrees of Comparison 2. Writing Skill- Notice Writing	Poem: Foreign Lands Grammar- Reported speech	Prose: The Little People.	Grammar: Verb Writing Skill: Notice Writing	Grammar: Adjective Prose: Jakes and the lady.	
Learning Objectives	It will enable students to <ul style="list-style-type: none"> • understand and appreciate different cultures and places. 				

	<ul style="list-style-type: none"> • form sentences keeping in mind the degrees of comparison. • know the correct way to write a notice. • understand and appreciate poetry as a way of expressing feelings.
Expected Learning Outcomes	<p>The learners will</p> <ul style="list-style-type: none"> • identify and explain the significance of essential elements in poetry. • engage in informal and formal writing assignments. • become proficient in drafting notices.
Suggested Activity	My Australian Sojourn- Listening and Speaking Activity page 125
Teaching Aids/ Resources	Smart Class Module, Worksheets and Dictionary

MONTH: DECEMBER

Topic	1 st Week	2 nd Week	3 rd Week	4 th Week
Unit 7- Learning from Life <ul style="list-style-type: none"> • Grammar- Adverbs • Writing Skill- Writing an autobiography 	Poem: The Mountain and the Squirrel.	Writing Skill: Writing an autobiography	Play: The Enchanted Shirt Grammar: Subject verb agreement	Prose: My Australian Sojourn* * Assessment of Listening Skills
Learning Objectives	<p>It will enable students to</p> <ul style="list-style-type: none"> • enjoy and learn from the experiences that life offers. • understand the usage of adverbs. • learn to write an autobiography. 			
Expected Learning Outcomes	<p>The students will</p> <ul style="list-style-type: none"> • enact the role play and understand the characters. • acquire the skill of writing an autobiography. • identify and explain the significance of essential elements in poetry. • engage in formal writing assignments that require utilization of all stages of the writing process. 			
Teaching Aids/Resources	Smart Class Module, Worksheets and Dictionary			

MONTH: JANUARY

Topic	1 st Week	2 nd Week	3 rd Week	4 th Week	5 th Week
1. Grammar- Reported Speech 2. Writing Skill- Formal Letter	Winter Break	Winter Break	Writing Skill: Formal Letter Integrated Grammar	Grammar: Article	Grammar: Modals and Auxiliaries
Learning Objectives	<p>It will enable the students to</p> <ul style="list-style-type: none"> • learn to write Formal letters. • learn to convert sentences from direct to indirect speech. 				

	<ul style="list-style-type: none"> • write grammatically correct English.
Expected Learning Outcomes	<p>The learners will</p> <ul style="list-style-type: none"> • use correct expression in their written and spoken English. • become proficient in converting sentences from direct to indirect. • engage in formal writing assignments that require utilization of all stages of the writing process.
Suggested Activity	I didn't get you. What did you say? (Listening Activity)
Teaching Aids/Resources	Smart Class Module, Worksheets and Dictionary

MONTH: FEBRUARY

Topic	1st Week	2nd Week	3rd Week	4th Week	5th Week
Grammar: Conjunctions Writing Skill: Paragraph Writing	Grammar : Conjunctions	Grammar : Reading comprehension and writing	Revision	Revision	Revision
Learning Objectives	<p>It will enable learners to</p> <ul style="list-style-type: none"> • understand that homophone is a word that sounds the same as another word but has different meaning. • reinforce what was taught during the entire session. 				
Expected Learning Outcomes	<p>Students will be able to</p> <ul style="list-style-type: none"> • apply what was learned in classroom to novel situations. • demonstrate literal and inferential comprehension of what was taught during classroom teaching. <p>engage in revision in the following areas:</p> <ul style="list-style-type: none"> • language, information, style, voice and structure appropriate to the purpose and selected audience. • appropriate organization and order of words, sentences and paragraphs in a composition. 				
Teaching Aids/Resources	<ul style="list-style-type: none"> • Worksheets, Assignments based on Term 2 topics, Smart Class Module 				

MONTH: MARCH

Content/ Topic	1st Week	2nd Week	3rd Week	4th Week	5th Week
	Term -II	Term -II	-	-	-

हिन्दी

मास : अप्रैल

पाठ /विषय		प्रथम सप्ताह	द्वितीय सप्ताह	तृतीय सप्ताह	चतुर्थ सप्ताह
वसंत :पाठ 1, 2, 3 व्याकरण : विलोम शब्द, भाषा और व्याकरण रामायण अध्याय 1	विषय व छात्र परिचय भाषा और व्याकरण	वह चिड़िया जो	अयोध्या में राम बचपन	नादान दोस्त	विलोम शब्द 1- 25
शिक्षण उद्देश्य	<p>पशु अपनी मधुर आवाज़ व अपनी उपस्थिति से प्रकृति की सुंदरता को बढ़ाते हैं । जीवन में बचपन एक सुंदर पड़ाव है। बचपन पाठ के माध्यम से पीढ़ियों के अंतर को स्पष्ट करना। बच्चों के मन में पशु पक्षियों के बारे में जानने की सहज जिज्ञासा होती है 'नादान दोस्त' पाठ के माध्यम से स्पष्ट करना। रामायण सदियों से जीवन मूल्यों को सहेजने वाली कथा रही है। छात्रों को उनके जीवन से परिचित करवाना। भाषा की परिभाषा, भेद, व्याकरण की उपयोगिता के बारे में बताकर भाषिक क्षमता का विकास।</p>				
अपेक्षित अधिगम	<p>छात्र चिड़िया के खाने पीने की वस्तुओं के प्रति उनकी रूचि को जानेंगे। छात्र लेखिका के जीवन व तत्कालीन सामाजिक परिवेश से परिचित होंगे। नादानी में की गई गलतियों के प्रति सचेत होंगे व उनके मन में जीवों के प्रति प्रेम भावना जागृत होगी। भाषा की परिभाषा, भेद, व्याकरण की उपयोगिता के बारे में जानेंगे। राम के जन्म के विषय में जानेंगे व प्राचीन शिक्षा पद्धति से छात्र परिचित होंगे।</p>				
गतिविधि	कविता पाठ , अभिनय				
शिक्षण सामग्री	व्याकरण सी. डी., स्मार्ट बोर्ड मॉड्यूल				

मास : मई

पाठ /विषय	प्रथम सप्ताह	द्वितीय सप्ताह	तृतीय सप्ताह	चतुर्थ सप्ताह	पंचम सप्ताह
वसंत:पाठ 4 रामायण: अध्याय 2 3 व्याकरण वर्ण विचार वाक्यांशों के लिए एक शब्द , अनुच्छेद, पत्र (औपचारिक)	जंगल और जनकपुरी वर्ण विचार	चाँद से थोड़ी-सी गर्म अनुच्छेद पत्र(औपचारिक)	दशरथ के दो वरदान वाक्यांशों के लिए एक शब्द (1-25)	ग्रीष्मावकाश	ग्रीष्मावकाश
शिक्षण उद्देश्य	<p>पाठ के माध्यम से बच्चों की कल्पनाशक्ति विकसित करना व चंद्रमा के घटते व बढ़ने के कारणों से अवगत करवाना। जीवन में किसी को दिए गए वचन का बहुत महत्त्व होता है। राम की पितृभक्ति , विनम्रता व विद्वता के बारे में जानकारी देना। छात्रों का शब्द भंडार विकसित करना।</p>				
अपेक्षित अधिगम	<p>चाँद में होने वाले परिवर्तनों (घटने और बढ़ने) के बारे में जानेंगे। नई कल्पनाओं का विकास होगा। गुरु शिष्य संबंध व पितृ भक्ति आदि नैतिक मूल्यों का विकास होगा। राम के आदर्श आचरण से अवगत होंगे। शब्द शक्ति का विकास होगा। छात्र अनौपचारिक पत्र लेखन के माध्यम से दूर रहने वाले सगे संबंधियों व मित्रों से अपने भावों की अभिव्यक्ति कर सकेंगे।</p>				

गतिविधि	स्व परिचय
शिक्षण सामग्री	व्याकरण सी. डी., स्मार्ट बोर्ड मॉड्यूल

मास : जुलाई

पाठ /विषय	प्रथम सप्ताह	द्वितीय सप्ताह	तृतीय सप्ताह	चतुर्थ सप्ताह	पंचम सप्ताह
वसंत : पाठ 6-7 रामायण : अध्याय - 4, 5 व्याकरण: संज्ञा , सर्वनाम, लिंग, पर्यायवाची, वचन	परिचय राम का वन जाना संज्ञा	पार नजर के पर्यायवाची (1-25)	साथी हाथ बढ़ाना सर्वनाम	चित्रकूट में भरत लिंग, वचन	वचन
शिक्षण उद्देश्य	छात्र को इस बात से अवगत करवाया जाएगा कि यदि सूर्य अपना ताप व ऊर्जा देना बंद कर दे तो मनुष्य को यंत्रों के सहारे ज़मीन के नीचे जीवन बिताना पड़ेगा। साथी हाथ बढ़ाना (गीत) के माध्यम से मिलकर काम करने व कठिनाइयों से न घबराने की भावना को विकसित किया जाएगा। छात्र को राम को वन में होने वाली कठिनाइयों व भरत के भातृ प्रेम से परिचित करवाया जाएगा। रचनात्मक कौशल का विकास किया जाएगा।				
अपेक्षित अधिगम	पर्यावरण के महत्त्व को जानेंगे। मिलकर काम करने व कठिनाइयों से न घबराने की भावना का विकास होगा। सहयोग की भावना का विकास होगा। भातृ प्रेम से अवगत होंगे व नैतिक मूल्यों का विकास होगा। शब्द ज्ञान में वृद्धि होगी।				
गतिविधि	श्रुतलेख				
शिक्षण सामग्री	व्याकरण सी. डी. , स्मार्ट बोर्ड मॉड्यूल				

मास : अगस्त

पाठ /विषय	प्रथम सप्ताह	द्वितीय सप्ताह	तृतीय सप्ताह	चतुर्थ सप्ताह	पंचम सप्ताह
वसंत : पाठ 8 , 9, 10 , रामायण: अध्याय-6 व्याकरण: मुहावरे, विशेषण अपठित गद्यांश, संवाद लेखन	दंडक वन में दस वर्ष विशेषण	झाँसी की रानी	झाँसी की रानी (जारी) मुहावरे (1-20)	टिकट एलबम संवाद लेखन	अपठित गद्यांश ऐसे-ऐसे (अतिरिक्त पठन हेतु)
शिक्षण उद्देश्य	छात्रों को 'एकांकी' से परिचित करवाया जाएगा। समय पर कार्य करने के लिए प्रेरित किया जाएगा। 'झाँसी की रानी' पाठ से देश पर कुर्बान होने वाली रानी लक्ष्मीबाई की साहसिक जीवन गाथा से परिचित करवाया जाएगा। प्रकृति की कोई भी वस्तु व्यर्थ नहीं होती। मनुष्य अपनी रचनात्मकता से सभी को श्रेष्ठ बना लेता है इससे अवगत करवाया जाएगा। भाषा में सरसता लाने के लिए मुहावरों का प्रयोग करना सीखेंगे व व्याकरण के माध्यम से भाषिक क्षमता का विकास होगा।				
अपेक्षित अधिगम	एकांकी से परिचित होंगे। समय पर कार्य करने की सीख मिलेगी। देश भक्ति की भावना विकसित होगी। शहीदों के प्रति सम्मान का भाव जागृत होगा। दृढ़ निश्चय के बल पर कठिनाइयों का सामना करना सीखेंगे। छात्रों में संग्रह क्षमता विकसित होगी। भाषा में सरसता लाने के लिए मुहावरों का प्रयोग करना सीखेंगे व व्याकरण के माध्यम से भाषिक क्षमता का विकास होगा।				
गतिविधि	ऐसे ऐसे (अभिनय)				
शिक्षण सामग्री	व्याकरण सी. डी., स्मार्ट बोर्ड मॉड्यूल				

मास : सितम्बर

पाठ /विषय	प्रथम सप्ताह	द्वितीय सप्ताह	तृतीय सप्ताह	चतुर्थ सप्ताह
वसंत, रामायण , व्याकरण, पत्र,संवाद लेखन	पुनरावृत्ति संवाद लेखन	प्रथम सत्र परीक्षा	प्रथम सत्र परीक्षा	प्रथम सत्र परीक्षा
अपेक्षित अधिगम	छात्र प्रथम सत्र परीक्षा की तैयारी करने में समर्थ होंगे तथा उनकी समस्याओं का निवारण हो सकेगा।			
गतिविधि	पुनरावृत्ति - विषय वस्तु , लेखन क्षमता, स्मरण शक्ति			

मास : अक्टूबर

पाठ /विषय	प्रथम सप्ताह	द्वितीय सप्ताह	तृतीय सप्ताह	चतुर्थ सप्ताह	पंचम सप्ताह
वसंत: -पाठ 11रामायण :- अध्याय- 7 सीते का हिरण व्याकरण:-क्रिया, कारक रामायण : अध्याय- 8 सीता की खोज	जो देखकर भी नहीं देखते	सीते का हिरण सीता की खोज	क्रिया (कर्म के आधार पर)	कारक	मुहावरे (पुनरावृत्ति)
शिक्षण उद्देश्य	देख पाने की क्षमता ईश्वर का वरदान है जो जीवन को रंगों से भर देती है। छात्र ईश्वर की नियामत से अवगत होंगे। मनुष्य कभी-कभी बाहरी आँखों से जो देखता है वह सच नहीं होता और वह छलावे व भुलावे में पड़ कर अपने लक्ष्य से भटक जाता है इससे अवगत करवाया जाएगा। सीता की खोज में लगे राम की सहायता पशु-पक्षी , पेड़-पौधे भी करते हैं इसके द्वारा सहयोग की भावना जागृत करना।				
अपेक्षित अधिगम	छात्र छलावे व भुलावे में न पड़ कर अपने लक्ष्य के प्रति समर्पित होंगे। प्रकृति की मनोहारी छटा का आनंद उठाएँगे। ईश्वर की देन (आँखें)के महत्त्व को समझेंगे व प्रकृति की हर वस्तु द्वारा दिए गए संदेश को समझ पाएँगे। क्रिया व कारक की पहचान होगी व प्रयोग करना सीखेंगे।				
गतिविधि	स्वतन्त्रता सेनानी का परिचय				
शिक्षण सामग्री	व्याकरण सी. डी., स्मार्ट बोर्ड मॉड्यूल				

मास : नवम्बर

पाठ /विषय	प्रथम सप्ताह	द्वितीय सप्ताह	तृतीय सप्ताह	चतुर्थ सप्ताह	
वसंत: पाठ 12 -13 व्याकरण : विलोम शब्द पर्यायवाची मुहावरे.	संसार पुस्तक है	विलोम शब्द(26-50) पर्यायवाची (21-40)	मैं सबसे छोटी होऊँ	अपठित गद्यांश मुहावरे.	
शिक्षण उद्देश्य	संसार पुस्तक है के माध्यम से छात्र को देश- विदेश तथा प्रकृति संबंधी जानकारी देना। माँ का आँचल बच्चों के लिए दुनिया की सबसे महफूज जगह होती है इससे अवगत करवाया जाएगा। व्याकरण के प्रयोग से भाषा दक्षता ग्रहण करेंगे।				

अपेक्षित अधिगम	पं० नेहरू द्वारा लिखे 'पिता के पुत्र पुत्री के नाम' के माध्यम से संसार की उत्पत्ति व विकास के रहस्य को जानेंगे। माँ के प्रति बच्चों का प्यार, बच्चे अपने बचपन के महत्त्व को जानेंगे। बड़ों की बात मानने की प्रवृत्ति का विकास होगा। मित्रता के महत्त्व को समझेंगे।
गतिविधि	कहानी वाचन
शिक्षण सामग्री	व्याकरण सी. डी., स्मार्ट बोर्ड मॉड्यूल

मास : दिसम्बर

पाठ /विषय	प्रथम सप्ताह	द्वितीय सप्ताह	तृतीय सप्ताह	चतुर्थ सप्ताह
वसंत-पाठ : 14, 15 रामायण : अध्याय-9,10 व्याकरण : अनुच्छेद, वाक्यांशों के लिए एक शब्द चित्र वर्णन	लोकगीत अनुच्छेद	नौकर	लंका में हनुमान, वाक्यांशों के लिए एक शब्द (26-49)	राम और सुग्रीव चित्र वर्णन
शिक्षण उद्देश्य	लोकगीत के माध्यम से ग्रामीण परिवेश व वहाँ के गीतों से अवगत करवाना। जीवन में श्रम का विशेष महत्त्व से अवगत करवाना। कार्य करने वाले (शारीरिक एवं मानसिक) वेतन भोगी मजदूर नहीं होते। वे हमारे अपने भाई के समान होते हैं। धैर्य और मन से किया गया कार्य निष्फल नहीं होता। निरंतर अभ्यास से अपनी रचनात्मक क्षमता को बढ़ाया जा सकता है। राम सुग्रीव की मित्रता से परिचित करवाना।			
अपेक्षित अधिगम	लोकगीतों की परंपरा समझेंगे व ग्रामीण संस्कृति से जुड़ने का प्रयास करेंगे। सच्चा मित्र औषधि की तरह होता है छात्र इस के महत्त्व को जानेंगे। छात्रों की भाषिक क्षमता का विकास होगा।			
गतिविधि	लोक गीत संग्रह			
शिक्षण सामग्री	व्याकरण सी. डी., स्मार्ट बोर्ड मॉड्यूल			

मास : जनवरी

पाठ /विषय	प्रथम सप्ताह	द्वितीय सप्ताह	तृतीय सप्ताह	चतुर्थ सप्ताह	पंचम सप्ताह
वसंत- पाठ : 16 रामायण : अध्याय-11 व्याकरण : पत्र लेखन(अनौपचारिक)	शीतकालीन अवकाश	शीतकालीन अवकाश	वन के मार्ग में	लंका विजय	पत्र लेखन (अनौपचारिक)
शिक्षण उद्देश्य	आपसी प्रेम से कठिनाइयों से भरा मार्ग भी सरल हो जाता है। राम-सीता व लक्ष्मण के वन गमन में नगरवासियों का स्नेह तीनों को अभिभूत कर देता है। सच्चाई की जीत होती है से अवगत करवाना।				
अपेक्षित अधिगम	वनवास के समय राम व सीता को होने वाली कठिनाइयों व परेशानियों से छात्र अवगत होंगे। वे उनके प्रेम व दृढ़ इच्छा शक्ति से प्रेरणा ग्रहण कर जीवन में संघर्ष करना सीखेंगे। औपचारिक पत्र की रूपरेखा के माध्यम से कार्यालयी पत्र व्यवहार करना सीखेंगे।				
गतिविधि	नारा लेखन				
शिक्षण सामग्री	व्याकरण सी. डी., स्मार्ट बोर्ड मॉड्यूल				

मास : फरवरी

पाठ /विषय	प्रथम सप्ताह	द्वितीय सप्ताह	तृतीय सप्ताह	चतुर्थ सप्ताह	पंचम सप्ताह
रामायण : अध्याय-12	राम का राज्याभिषेक	पुनरावृत्ति	पुनरावृत्ति	पुनरावृत्ति	पुनरावृत्ति
शिक्षण उद्देश्य	साहस व शौर्य से किया गया कार्य हमें मान सम्मान दिलाता है। राम के राज्याभिषेक द्वारा इस संदेश से अवगत करवाया जाएगा।				
अपेक्षित अधिगम	मर्यादा पुरुषोत्तम राम के जीवन व आदर्शों से परिचित होंगे व जीवन में अपनाने का प्रयास करेंगे। छात्र वार्षिक परीक्षा की तैयारी करने में समर्थ होंगे।				

मास : मार्च

पाठ /विषय	प्रथम सप्ताह	द्वितीय सप्ताह	तृतीय सप्ताह	चतुर्थ सप्ताह
	द्वितीय सत्र परीक्षा	द्वितीय सत्र परीक्षा	द्वितीय सत्र परीक्षा	उपलब्धि दिवस

संस्कृत

मास—अप्रैल

पाठ/विषय	प्रथम सप्ताह	द्वितीय सप्ताह	तृतीय सप्ताह	चतुर्थ सप्ताह
प्रथमः— द्वितीयः पाठः व्याकरण—वर्ण—विन्यास एवं संयोजन, लिंग परिचय, त्रीणि लिंगानि, त्रयः पुरुषाः, त्रीणि वचनानि शब्द रूप— देव ,लता व तत् धातु रूप—लट्लकारः स्वपरिचय	वर्णमाला , संयुक्ताक्षर ,वर्ण—विन्यास—संयोजन, त्रीणि लिंगानि, त्रयः स्वपरिचय	अकारान्त पुल्लिंग शब्द रूप— देव सर्वनाम शब्द रूप—तत् एतत् पुल्लिंग	आकारान्त स्त्रीलिंग शब्द रूप— लता सर्वनाम शब्द रूप — तत् एतत् स्त्रीलिंग	धातु रूप—लट्— खेल्, भू, पठ गम । पुरुषाः, त्रीणि वचनानि
शिक्षण उद्देश्य	छात्रों को अकारान्त पुल्लिंग, आकारान्त स्त्रीलिंग, वर्ण—विन्यास एवं संयोजन, तीनों लिंग, पुरुष, और वचनों का ज्ञान कराना ।			
अपेक्षित शिक्षण अधिगम	छात्रों को अकारान्त पुल्लिंग, आकारान्त स्त्रीलिंग, वर्ण—विन्यास एवं संयोजन, तीनों लिंग, पुरुष, और वचनों का ज्ञान प्राप्त होगा ।			
रचनात्मक गति व ध	चित्र चिपकाकर अकारान्त पुल्लिंग शब्दों का परिचय । चित्र चिपकाकर आकारान्त स्त्रीलिंग शब्दों का परिचय ।			
शिक्षण सामग्री	शब्द कोश			

मास—मई

पाठ/विषय	प्रथम सप्ताह	द्वितीय सप्ताह	तृतीय सप्ताह	चतुर्थ सप्ताह	पंचम सप्ताह
तृतीयः पाठः व्याकरण—शब्द रूप— फल ,सर्वनाम शब्द रूप — तत् नपुंसकलिंग , धातु रूप—लट्—गम्	अकारान्त नपुंसकलिंग शब्द रूप— फल, चल, चर्	सर्वनाम शब्द रूप — तत् एतत् नपुंसकलिंग, कृ, गर्ज	धातु रूप—लट्—गम् पुनरावृत्ति, अस्, धाव्	ग्रीष्म अवकाशाः	ग्रीष्म अवकाशाः
शिक्षण उद्देश्य	1— छात्रों को अकारान्त नपुंसकलिंग शब्दों से अवगत कराना । 2— संस्कृत भाषा में प्रयुक्त विभिन्न धातुओं का प्रथम व मध्यम पुरुष में प्रत्ययों की सहायता से कर्ता के साथ धातुओं का प्रयोग सिखाना ।				
अपेक्षित शिक्षण अधिगम	1— छात्र अकारान्त नपुंसकलिंग शब्दों से अवगत होंगे । 2— संस्कृत भाषा में प्रयुक्त विभिन्न धातुओं का प्रथम व मध्यम पुरुष में प्रत्ययों की सहायता से कर्ता के साथ धातुओं का प्रयोग सिखाना ।				
रचनात्मक गति व ध	चित्र चिपकाकर नपुंसकलिंग शब्दों का वर्ण—विन्यास करें ।				
शिक्षण सामग्री	शब्द कोश				

मास—जुलाई

पाठ/विषय	प्रथम सप्ताह	द्वितीय सप्ताह	तृतीय सप्ताह	चतुर्थ सप्ताह	पंचम सप्ताह
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चतुर्थः पाठः-पंचमः पाठः व्याकरण- धातु रूप - लृट लकार - क्रीड,भू,धातु रूप- लृट लकार-कूज्, पा, दृश, वह् दा, वद्, खाद्	क्रीडा स्पर्धा शब्द रूप-अस्मद्,युष्मद्	धातु रूप - लृट लकार - दा, वद्, खाद्	वृक्षः, क्रीड,भू	धातु रूप- लृट लकार-कूज्, पा, दृश, वह्	शब्द रूप-अस्मद्,युष्मद् पुनरावृत्ति
शिक्षण उद्देश्य	सर्वनाम शब्द रूप और लृट लकार का प्रयोग सिखाना। छात्रों में अन्यथासमर्थ छात्रों के लिए सम्मान व संवेदनशीलता का विकास।				
अपेक्षित शिक्षण अधिगम	सर्वनाम शब्द रूप और लृट लकार का प्रयोग सीख सकेंगे। छात्रों में अन्यथासमर्थ छात्रों के लिए सम्मान व संवेदनशीलता का विकास होगा।				
रचनात्मक गति व ध	अन्यथासमर्थ बालकों के लिए विद्यालयों में दी जाने वाले सुविधाओं का चित्र सहित वर्णन।				
शिक्षण सामग्री	शब्द कोश/इंटरनेट				

मास-अगस्त

पाठ/विषय	प्रथम सप्ताह	द्वितीय सप्ताह	तृतीय सप्ताह	चतुर्थ सप्ताह	पंचम सप्ताह
षष्ठः पाठः-सप्तमः पाठः व्याकरण- उपपद विभक्ति,अव्यय,धातु-लंग लकार दा, वद्, खाद्, धातु-लंग लकार दा, वद्, खाद्	समुद्र तटः	कारक-उपपदविभक्तिः (तृतीय-चतुर्थी)	वकस्य प्रतीकारः	अव्यय, वद्, खाद्,	धातु-लङ् लकार दा, चिन्त्, कृ
शिक्षण उद्देश्य	छात्रों को समुद्र तट व उससे संबंधित आजीविका के बारे में जानकारी देना। छात्रों को लोक कथा की जानकारी देना।				
अपेक्षित शिक्षण अधिगम	छात्र समुद्र तट व उससे संबंधित आजीविका के बारे में जानेंगे। छात्र लोक कथा के बारे में जानेंगे।				
रचनात्मक गति व ध	1-समुद्र से होने वाली आजीविका के बारे में जानकारी प्राप्त कर चित्र सहित दर्शाएँ।				
शिक्षण सामग्री	शब्द कोश				

मास-सितंबर

पाठ/विषय	प्रथम सप्ताह	द्वितीय सप्ताह	तृतीय सप्ताह	चतुर्थ सप्ताह	पंचम सप्ताह
पुनरावृत्ति	पुनरावृत्ति	पुनरावृत्ति	संकलनात्मक परीक्षा	संकलनात्मक परीक्षा	उत्तर पुस्तिका पर चर्चा
अपेक्षित शिक्षण अधिगम	छात्र प्रथम सत्र परीक्षा की तैयारी करने में समर्थ होंगे तथा समस्याओं का निवारण कर सकेंगे। पुनरावृत्ति के द्वारा छात्र पाठ्यक्रम का प्रत्यास्मरण कर सकेंगे।				

मास-अक्टूबर

पाठ/विषय	प्रथम सप्ताह	द्वितीय सप्ताह	तृतीय सप्ताह	चतुर्थ सप्ताह	पंचम सप्ताह
अष्टमः-नवमः पाठः व्याकरण- उपपद विभक्ति-पंचमी	सूक्तिस्तबकः	कारक-उपपद-विभक्ति (-पंचमी षष्ठी)	अङ्गुलीयकं प्राप्तम्	पुनरावृत्ति फलानाम्, शाकानाम् नामानि	फलानाम्, शाकानाम् नामानि पुनरावृत्ति
शिक्षण उद्देश्य	पारंपरिक सूक्तियों के माध्यम से विद्यार्थियों को नैतिक शिक्षा का ज्ञान देना।				
अपेक्षित शिक्षण अधिगम	पारंपरिक सूक्तियों के माध्यम से विद्यार्थी नैतिक शिक्षा का ज्ञान प्राप्त करेंगे।				

रचनात्मक गति व ध	1- महाकवि कालिदास द्वारा रचित अन्य नाटकों के नाम लिखें।	
शिक्षण सामग्री	शब्द कोश	

मास-नवंबर

पाठ/विषय	प्रथम सप्ताह	द्वितीय सप्ताह	तृतीय सप्ताह	चतुर्थ सप्ताह	
दशमः पाठः-एकादशः पाठः व्याकरण- सप्तमी विभक्ति, धातु-स्था, नश्	कृषिकाः कर्मवीराः	सप्तमी विभक्ति शरीरस्यांगनि पुनरावृत्ति	पुष्पोत्सवः	धातु-स्था, नश्, शरीरस्यांगनि	
शिक्षण उद्देश्य	छात्रों को कृषि क्षेत्र में स्त्रियों के श्रम योगदान के बारे में जानकारी देना। छात्रों को पुष्पोत्सव की जानकारी देना।				
अपेक्षित शिक्षण अधिगम	छात्र कृषि क्षेत्र में स्त्रियों की कर्मठता के बारे में जानकारी प्राप्त करेंगे। छात्र फूल वालों की सैर के बारे में जानकारी प्राप्त करेंगे।				
रचनात्मक गति व ध	देश के विभिन्न भागों में होने वाले पुष्पोत्सव और कृषि उत्सव के बारे में तर्कपूर्ण सूचना संकलन तैयार करें।				
शिक्षण सामग्री	शब्द कोश				

मास-दिसंबर

पाठ/विषय	प्रथम सप्ताह	द्वितीय सप्ताह	तृतीय सप्ताह	चतुर्थ सप्ताह	पंचम सप्ताह
द्वादशः पाठः-त्रयोदशः पाठः व्याकरण- संख्या- 1-10, लोट् लकार, अव्यय धातु- गण्, प्रच्छ, खाद्, पठ्	संख्या- 1-20 धातु- खाद्, पठ्	दशमः त्वम् असि	लोकमङ्गलम्	लोट् लकार,अव्यय गण्, प्रच्छ	संख्या- 1-20 पुनरावृत्ति
शिक्षण उद्देश्य	छात्रों को संस्कृत की गिनती की जानकारी देना। सर्वमंगल की भावना का विकास करना।				
अपेक्षित शिक्षण अधिगम	छात्र संस्कृत की गिनती सीख सकेंगे। सर्वमंगल की भावना का विकास होगा।				
रचनात्मक गति व ध	गिनती के आधार पर चित्र चिपकाएँ।				
शिक्षण सामग्री	शब्द कोश				

मास-जनवरी

पाठ/विषय	प्रथम सप्ताह	द्वितीय सप्ताह	तृतीय सप्ताह	चतुर्थ सप्ताह	पंचम सप्ताह
चतुर्दशः पाठः- व्याकरण- अव्यय	शीतकालीन अवकाश	शीतकालीन अवकाश	अहह आः च	अव्यय	अपठित गद्यांश, चित्रवर्णन
शिक्षण उद्देश्य	कश्मीरी लोककथा के माध्यम से लोक बुद्धि की महत्ता की जानकारी देना।				
अपेक्षित शिक्षण अधिगम	कश्मीरी लोककथा के माध्यम से लोक बुद्धि की महत्ता की जानकारी प्राप्त होगी।				
रचनात्मक गति व ध	1-आदर्श वाक्य संकलन (मूल्यांकन बिंदु) शुद्ध लेखन, शुद्ध चयन				

	2-अभ्यास कार्य- (मूल्यांकन बिंदु) शुद्ध उत्तर, शुद्ध वर्तनी
शिक्षण सामग्री	शब्द कोश

मास-फरवरी

पाठ/विषय	प्रथम सप्ताह	द्वितीय सप्ताह	तृतीय सप्ताह	चतुर्थ सप्ताह	पंचम सप्ताह
पंचदशः पाठः व्याकरण- कारक, विभक्ति परिचय, शब्द रूप, धातु रूप	मातुलचंद्र !! (बालगीतम्)	कारक, विभक्ति परिचय, शब्द रूप, धातु रूप	पुनरावृत्ति	पुनरावृत्ति	पुनरावृत्ति
शिक्षण उद्देश्य	छात्रों को सस्वर बालगीत गायन सिखाना।				
अपेक्षित शिक्षण अधिगम	छात्र सस्वर बालगीत गायन सीखेंगे।				
रचनात्मक गति व ध	अन्य बालगीत गायन				
शिक्षण सामग्री	शब्द कोश				

मास-मार्च

पाठ/विषय	प्रथम सप्ताह	द्वितीय सप्ताह	तृतीय सप्ताह	चतुर्थ सप्ताह	पंचम सप्ताह
	संकलनात्मक परीक्षा	संकलनात्मक परीक्षा	संकलनात्मक परीक्षा	उत्तर पुस्तिका पर चर्चा	उपलब्धि दिवस

MATHEMATICS

MONTH: APRIL

Content/ Topic	1 st Week	2 nd Week	3 rd Week	4 th Week
Chapter 1: Knowing Our Numbers Chapter 2: Whole Numbers	Orientation for Students Chapter 1: <ul style="list-style-type: none"> Comparing numbers, ascending and descending order, place value, International and Indian place value system, 	Chapter 1: <ul style="list-style-type: none"> Estimation, Word problems, Roman numerals 	Chapter 2 : <ul style="list-style-type: none"> Whole numbers, natural numbers, predecessor, successor, Number line, properties of whole numbers 	Chapter 2 (Cont.) <ul style="list-style-type: none"> Distributive property of multiplication over addition and subtraction Word problems and patterns
Learning Objectives	<ul style="list-style-type: none"> To acquaint the students with Indian and International place value system To familiarize them with the rules for writing the Roman numerals. To enable the students to understand various properties of whole numbers. 			
Expected Learning Outcome	<ul style="list-style-type: none"> Developing the ability to compare Indian and International place value system. Application of the knowledge of numbers in real life situations. Estimation of sum, difference and multiplication to reinforce the skills of estimation Application of the properties of whole numbers in problem solving in real life situations. 			
Lab Activity	<ul style="list-style-type: none"> Distributive property of multiplication over addition 			
Teaching aid/Resources	<ul style="list-style-type: none"> Smart class module Teaching aids on properties of whole numbers 			

MONTH: MAY

Content/ Topic	1 st Week	2 nd Week	3 rd Week	4 th Week
Chapter 3 Playing with Numbers	Chapter 3	Chapter 3 <ul style="list-style-type: none"> Some more Divisibility rules, Co-prime numbers 	Chapter 3 <ul style="list-style-type: none"> H.C.F and L.C.M 	Summer Break commences

	<ul style="list-style-type: none"> • Multiples and factors, even and odd numbers, prime and composite numbers, • Divisibility rules of 2,3,4,5, 8, 9, 10, 11, 			
Learning Objectives	<ul style="list-style-type: none"> • To familiarize the students with different types of numbers. • To acquaint them with various divisibility rules. • To enable them to understand in detail the concept of HCF and LCM. 			
Expected Learning Outcome	<ul style="list-style-type: none"> • Will enable the students to understand the concept of common factors and common multiples • Application of the concept of H.C.F and L.C.M in problem solving in real life situations. 			
Teaching aid/Resources	<ul style="list-style-type: none"> • Smart class module • Teaching aids on H.C.F and L.C.M 			

MONTH: JULY

Content/ Topic	1 st Week	2 nd Week	3 rd Week	4 th Week	5 th Week
Chapter 3 Playing with Numbers Chapter 6 Integers Chapter 4 Basic Geometrical ideas	Chapter 3 <ul style="list-style-type: none"> • Word problems based on H.C.F and L.C.M Chapter 6 <ul style="list-style-type: none"> • Introduction of negative numbers, representation of integers on number line. 	Chapter 6 <ul style="list-style-type: none"> • Addition and subtraction of integers on number line 	Chapter 6 (Cont.) <ul style="list-style-type: none"> • operation of addition and subtraction of integers 	Chapter 4 <ul style="list-style-type: none"> • Line, line segment, ray, open and closed figure, intersecting lines, parallel and perpendicular lines, polygons , curves • Angles and its components. 	<ul style="list-style-type: none"> • Triangles, quadrilaterals and its components
Learning Objectives	<ul style="list-style-type: none"> • To familiarize the students with the concept of integers • To enable the students to represent the integers on the number line. • To acquaint the students with the various properties of addition and subtraction of integers and its application in real life situations • To define and illustrate the terms point, line, line segment , plane , angle , triangle , quadrilateral and circle • To differentiate between open and closed figures • To explain the interior and exterior of an angle, triangle and quadrilateral. 				
Expected Learning Outcome	<ul style="list-style-type: none"> • Application of the concept of H.C.F and L.C.M in problem solving in real life situations. • Familiarizing the students with negative numbers and integers. 				

	<ul style="list-style-type: none"> • Understanding and application of integers in real life situations • Understanding the linkage of geometry in everyday experiences
Lab Activity	<ul style="list-style-type: none"> • Addition of integers using stickers
Teaching aid/Resources	<ul style="list-style-type: none"> • Smart class module, Integer kit • Geometrical Instrument kit • Roller charts about angles

MONTH: AUGUST

Content/ Topic	1 st Week	2 nd Week	3 rd Week	4 th Week	5 th Week
Chapter 4 Basic Geometrical Ideas Chapter 5 Understanding Elementary Shapes	Chapter 4 (cont) <ul style="list-style-type: none"> • Circles- centre, radius, sector, segment, arc and chord 	Chapter 5 <ul style="list-style-type: none"> • Comparison and measurement of line segments, magnitude of angles, degree measure of an angle, kinds of angles 	Chapter 5 (cont) <ul style="list-style-type: none"> • Classification of triangles- based on sides and angles 	Chapter 5 (cont) <ul style="list-style-type: none"> • Types of quadrilaterals 	Chapter 5 (cont) <ul style="list-style-type: none"> • Polygons, three dimensional shapes
Learning Objectives	<ul style="list-style-type: none"> • To acquaint the students with various components of the circle • To acquaint the students with various methods of measuring a line segment • To enable the students to draw and measure different angles • To classify different types of angles, triangles and polygons 				
Expected Learning Outcome	<ul style="list-style-type: none"> • Understanding the linkage of geometry in everyday experiences • Understanding of various types of triangles , angles and quadrilaterals 				
Lab Activity –	<ul style="list-style-type: none"> • To make the cube and cuboids/ pyramid (3D) using net and count the number of faces, vertices and edges • Various component of Circle 				
Teaching aid/Resources	<ul style="list-style-type: none"> • Smart class module • Teaching aid on properties of quadrilaterals • Integer kit 				

MONTH: SEPTEMBER

Content/ Topic	1 st Week	2 nd Week	3 rd Week	4 th Week
Chapter 7 Fractions	Revision	Term I exam	Term I exam	Chapter 7 <ul style="list-style-type: none"> • Fractions, representation of fraction on number line, proper and improper fractions, • Mixed fraction

				<ul style="list-style-type: none"> • Equivalent fraction, simplest form • Like and unlike fractions
Learning Objectives	<ul style="list-style-type: none"> • To familiarize the students with various properties of 2-D and 3-D shapes 			
Expected Learning Outcome	<ul style="list-style-type: none"> • Relating the concept of three dimensional shapes in day to day life situations 			
Teaching aid/Resources	<ul style="list-style-type: none"> • Smart class module&Models on 3D shape 			

MONTH: OCTOBER

Content/ Topic	1 st Week	2 nd Week	3 rd Week	4 th Week	5 th Week
Chapter7 Fractions Chapter8 Decimals	Chapter 7 (Cont.) <ul style="list-style-type: none"> • Comparing fractions, addition and subtraction of fraction 	Chapter 7 (Cont.) <ul style="list-style-type: none"> • Word problems related to addition and subtraction of fractions 	Chapter8 <ul style="list-style-type: none"> • Review of the idea of a decimal, • Place value of decimal fraction 	Chapter8 (cont.) <ul style="list-style-type: none"> • Use of decimals in various measurements • Representation of decimals on number line • Fractions as decimals and decimals as fractions, comparing decimals. 	Chapter8 (Cont.) <ul style="list-style-type: none"> • Addition of decimals • Subtraction of decimals
Learning Objectives	<ul style="list-style-type: none"> • To familiarize the students with different kinds of fractions. • To enable the students to represent the fractions on the number line. • To understand the comparison of fractions. • To explain addition and subtraction of fractions and their application in day to day life. • To acquaint the students with decimal fractions and their types. • To enable the students to compare, add and subtract the decimal fraction. • To apply the concept of addition and subtraction of decimals in problem solving situations. 				
Expected Learning Outcome	<ul style="list-style-type: none"> • Familiarizing the students with fraction and its properties • Understanding & application of fractions addition & subtraction in problem solving situations 				
Lab Activity	<ul style="list-style-type: none"> • Activity based on decimals addition using graph paper. 				
Teaching aid/Resources	<ul style="list-style-type: none"> • Fractional Kit & Smart class module 				

MONTH: NOVEMBER

Content/ Topic	1 st Week	2 nd Week	3 rd Week	4 th Week
Chapter8 Decimals	Chapter8 (Cont.)	Chapter8 (Cont.)	Chapter9	Chapter 10

Chapter9 Data Handling Chapter10 Mensuration	<ul style="list-style-type: none"> Word problem involving addition and subtraction of decimals 	<ul style="list-style-type: none"> Word problem involving addition and subtraction of decimals 	<ul style="list-style-type: none"> Data, collection, organization and interpretation of data, pictograph Drawing a pictograph and bar graph. 	<ul style="list-style-type: none"> Introduction and general understanding of perimeter using various shapes, Concept of area Area of rectangle and square
Learning Objectives	<ul style="list-style-type: none"> To acquaint the students with various terms related to statistics. To analyse, interpret and represent numerical data using pictograph and bar graph To familiarize with the concept of perimeter and area of plane figures. To derive and apply the formula for finding the perimeter and area of plane figures. 			
Expected Learning Outcome	<ul style="list-style-type: none"> Understanding and application of addition and subtraction of decimals in problem solving situations Acquainting the students with various terms related to statistics. Enabling the students to represent and interpret the data through pictograph and bar graph Understanding and application of the concept of area and perimeter in our daily life 			
Lab Activity	<ul style="list-style-type: none"> Activity on area using square lined paper Activity on perimeter 			
Teaching aid/Resources	<ul style="list-style-type: none"> Smart class module Teaching aids on Area and Perimeter 			

MONTH: DECEMBER

Content/ Topic	1 st Week	2 nd Week	3 rd Week	4 th Week
Chapter10 Mensuration Chapter11 Algebra Chapter12 Ratio & Proportion	Chapter 10 <ul style="list-style-type: none"> Area of rectangle and square Area of ir-regular figures by counting the squares Area of figures by splitting into rectangles 	Chapter 11 <ul style="list-style-type: none"> Introduction of variables, Constant, expression, use of variables in common rules 	Chapter 11(Cont.) <ul style="list-style-type: none"> Equation, solving an equation Chapter12 <ul style="list-style-type: none"> Concept of ratio, Properties of ratio 	Chapter12(Cont) <ul style="list-style-type: none"> Equivalent ratio Proportion
Learning Objectives	<ul style="list-style-type: none"> To familiarize the students with the various terms related to algebra. Application of algebra in problem solving in real life situations. Application of ratio and proportion in problem solving in real life situations 			
Expected Learning Outcome	<ul style="list-style-type: none"> Familiarizing the students with the various terms related to algebra Application of algebra in problem solving in real life situations Application of ratio and proportion in problem solving in real life situations 			
Lab Activity	<ul style="list-style-type: none"> Activity .on Area of irregular figure using square lined paper. 			

Teaching aid/Resources	<ul style="list-style-type: none"> Smart class module&Model on lines of symmetry
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MONTH: JANUARY

Content/ Topic	1 st Week	2 nd Week	3 rd Week	4 th Week	5 th Week
Chapter 14 Practical Geometry	Winter Break	Winter Break	Chapter12 (Cont.) Unitary method, Word problems related to ratio and unitary method Chapter 14 <ul style="list-style-type: none"> Construction of Circles when radius is known Construction of perpendicular lines copy of line segment 	Chapter 14 <ul style="list-style-type: none"> Construction of Perpendicular lines (Contd.) Perpendicular bisector of a line segment 	<ul style="list-style-type: none"> Constructing Angles of various Measures
Learning Objectives	<ul style="list-style-type: none"> To recognize different geometrical instrument and understand their usage. To enable the students to construct line segment, perpendicular lines, perpendicular bisector and angle bisector. 				
Expected Learning Outcome	<ul style="list-style-type: none"> Constructing perpendiculars, perpendicular bisector, angles, angle bisector using compasses 				
Lab Activity	<ul style="list-style-type: none"> Activity on Perpendicular bisector Angle bisector using paper folding 				
Teaching aid/Resources	<ul style="list-style-type: none"> Smart class module&Geometrical Instrument kit 				

MONTH: FEBRUARY

Content/ Topic	1 st Week	2 nd Week	3 rd Week	4 th Week	5 th Week
Chapter 14 Practical Geometry Chapter13 Symmetry	Chapter 14 (Cont.) <ul style="list-style-type: none"> Constructing Angles of various Measures Angle bisector 	Chapter13 <ul style="list-style-type: none"> Introduction of symmetry, lines of symmetry, Reflection symmetry 	Revision	Revision	TERM II EXAM
Learning Objectives	<ul style="list-style-type: none"> To explain and relate the symmetry with the surroundings. To acquaint the students with various types of symmetry. 				
Expected Learning Outcome	<ul style="list-style-type: none"> Understanding and application of symmetry in environment around us 				
Lab Activity	<ul style="list-style-type: none"> Activity on lines of symmetry by paper folding 				

Assessment	<ul style="list-style-type: none"> • Lab Activity Exam
Teaching aid/Resources	<ul style="list-style-type: none"> • Model on reflection symmetry

MONTH: MARCH

Content/ Topic	1 st Week	2 nd Week	3 rd Week	4 th Week	5 th Week
	TERM-II	TERM-II	Result Preparation	Result Preparation	Declaration of the result

SCIENCE

MONTH: APRIL

Content/ Topic	1 st Week	2 nd Week	3 rd Week	4 th Week
<p>Chapter 1: Food: Where does it come from?</p> <p>Chapter 2: Components of food</p> <p>Chapter 3: Fibre to fabric</p>	<p>Orientation for Students</p> <p>Chapter 1</p> <ul style="list-style-type: none"> • Food variety and ingredients, • Food materials and sources, • Plant parts as food, • Animal parts as food, • What do animals eat? 	<p>Chapter 1</p> <ul style="list-style-type: none"> • Omnivores, herbivores and carnivores. <p>Chapter 2</p> <ul style="list-style-type: none"> • What do different food items contain? • Nutrients • Test for starch • Test for proteins • Test for fats 	<p>Chapter 2</p> <ul style="list-style-type: none"> • Functions of carbohydrates, fats, proteins, vitamins, and minerals, dietary fibres • Balanced diet 	<p>Chapter 2</p> <ul style="list-style-type: none"> • Deficiency diseases <p>Chapter 3</p> <ul style="list-style-type: none"> • Variety in fabrics • Yarn • Fibres • Natural fibres and synthetic fibres • Some plant fibres
Learning Objective	<ul style="list-style-type: none"> • Become aware of the nutrients in a diet. • Learn functions of the nutrients in a diet. • Learn cause and remedy of deficiency diseases. • Differentiate between natural and artificial fibers: their uses in daily life . 			
Expected Learning Outcome	<p>Students will be able to:</p> <ul style="list-style-type: none"> • understand food and its necessity • differentiate between herbivores, carnivores, and omnivores • identify the nutrients required to maintain good health , balanced diet and its necessity • understand the uses of carbohydrates, fats, proteins, vitamins, minerals and water • list the diseases that result from nutrient deficiencies • learn about different types of cloth materials • study about cotton and jute plant fibres 			
Teaching Aid	<ul style="list-style-type: none"> • Food Pyramid Deficiency Diseases Chart, Samples of Fibres and Fabric 			

Activity	<ul style="list-style-type: none"> • Cross word puzzle or Oral quiz to assess application, recall, mental alertness • Visual quiz on deficiency diseases • Activity to make diet plan, collection and identification of different types of fabrics
Assessment	Class and home assignments <ul style="list-style-type: none"> • worksheets • class tests

MONTH: MAY

Content/ Topic	1 st Week	2 nd Week	3 rd Week	4 th Week	5 th Week
Chapter3: Fibre to fabric(Contd.) Chapter 4: Sorting Materials into Groups	Chapter 3 <ul style="list-style-type: none"> • Ginning, Spinning, Weaving • Knitting • History of clothing material Chapter 4 <ul style="list-style-type: none"> • Objects around us • Objects and the materials: different types of objects that are made from same material 	Chapter 4 <ul style="list-style-type: none"> • Properties of objects • Shiny or dull appearance • Soft or hard objects • Soluble or insoluble objects • Transparent objects • Opaque objects • Translucent objects 	Chapter 4 <ul style="list-style-type: none"> • Floating objects • Objects that sink in water • Grouping of materials 	Summer Break	Summer Break
Learning Objective	<ul style="list-style-type: none"> • Understand the concept of making fabric from fibre. • Understand the importance of classification and grouping materials based on similarities and differences of properties. 				
Expected Learning Outcome	Students will be able to: <ul style="list-style-type: none"> • know about the development of clothing materials • learn to group things on the basis of common properties • collect and group things on the basis of appearance (lustrous or nonlustrous), texture, solubility in water, floating/sinking ability, transparency (transparent, translucent or opaque) etc • know the importance of classification 				
Teaching Aid	<ul style="list-style-type: none"> • Different types of materials as samples 				
Activity	<ul style="list-style-type: none"> • Identification of materials as soluble and insoluble objects. • Identify different types of objects (transparent, translucent and opaque) • Floating and sinking ability of various objects 				
Assessment	<ul style="list-style-type: none"> • Class and home assignments, Worksheets, Class tests 				

MONTH: JULY

Content/ Topic	1 st Week	2 nd Week	3 rd Week	4 th Week	5 th Week
Chapter 5: Separation of substances Chapter 6: Changes around us	Chapter 5 <ul style="list-style-type: none"> • Need of separation of substances • Handpicking • Threshing • Winnowing • Sieving 	Chapter 5 <ul style="list-style-type: none"> • Sedimentation • Decantation • Loading • Filtration • Evaporation • Condensation 	Chapter 5 <ul style="list-style-type: none"> • Use of more than one method of separation • Solution • Saturated solution Chapter 6 <ul style="list-style-type: none"> • Introduction • Meaning of change • Reversible change • Irreversible change • Difference between reversible and irreversible change 	Chapter 6 <ul style="list-style-type: none"> • Conditions leading to reversible and irreversible change • Physical change • Chemical change • Difference between physical and chemical change • 	Chapter 6 <ul style="list-style-type: none"> • Causes of physical and chemical change
Learning Objective	<ul style="list-style-type: none"> • understand the need for separation • comprehend the different methods of separation and the principles on which they are based • differentiate between different kinds of changes 				
Expected Learning Outcome	Students will be able to: <ul style="list-style-type: none"> • understand the need of separation of substances • study and understand different methods of separation • know what a saturated solution is • understand that some changes are reversible while others are irreversible • know that a change can be physical or chemical 				
Teaching Aid	<ul style="list-style-type: none"> • Lab. Apparatus (Separating Funnel, Filtration Set up, Decantation etc.) 				
Activity	<ul style="list-style-type: none"> • Short activity to explain sedimentation, decantation, loading and filtration • Activity to explain saturation and saturated solution • Group activity on reversible and irreversible changes 				
Assessment	<ul style="list-style-type: none"> • Class and home assignments, Worksheets, Class tests 				

MONTH: AUGUST

Content/ Topic	1 st Week	2 nd Week	3 rd Week	4 th Week	5 th Week
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Chapter 7: Getting to Know Plants Chapter 8: Body Movements	Chapter 7 <ul style="list-style-type: none"> • Herbs, Shrubs, Trees • Creepers • Climbers • Functions of stem and roots 	Chapter 7 <ul style="list-style-type: none"> • Structure of leaf • Venation and its types • Types of roots • Photosynthesis, • Structure of flower 	Chapter 8 <ul style="list-style-type: none"> • Human body and its movement • Ball and socket joint 	Chapter 8 <ul style="list-style-type: none"> • Hinge joint • Fixed joint 	Chapter 8 <ul style="list-style-type: none"> • Movement of earthworm, • Locomotion of snake and snail • Locomotion of Birds
Learning Objective:	<ul style="list-style-type: none"> • study different parts of a plant and their functions • learn about the functions of human skeletal system • understand the process of locomotion in various animals 				
Expected Learning Outcome	Students will be able to: <ul style="list-style-type: none"> • identify the various parts of a flowering plant • list the functions of leaf, roots, stem and flower • explain the structure of the flower • understand bones and joints • study locomotion in different animals 				
Teaching Aid	<ul style="list-style-type: none"> • Plant Samples (Weed, Grass), School Garden, Human Skeleton 				
Activity	<ul style="list-style-type: none"> • Field trip • Models to explain the type of bodily motion (joints) • Observation of skeleton in the lab • Dissection and identification of different parts of a flower 				
Assessment	<ul style="list-style-type: none"> • Class and home assignments, Worksheets, Class tests 				

MONTH: SEPTEMBER

Content/Topic	1 st Week	2 nd Week	3 rd Week	4 th Week	5 th Week
	Revision	Revision Term 1 exams	Term 1 exams	Term 1 exams and Distribution and discussion of answer sheets and correction of the same.	Term 1 exams and Distribution and discussion of answer sheets and correction of the same.
Learning Objectives	<ul style="list-style-type: none"> • To know and correct the mistakes done in the answer sheets of SA 1 examination. 				
Expected Learning Outcomes	<ul style="list-style-type: none"> • The learners would be able to understand and evaluate the errors and mistakes done in the paper and would be able to improve upon the same through correction. 				

Teaching aid	<ul style="list-style-type: none"> • Answer sheets and suggested answers.
Assessment	<ul style="list-style-type: none"> • Corrections in Term I paper.

MONTH: OCTOBER

Content/ Topic	1st Week	2nd Week	3rd Week	4th Week	5th Week
Chapter 9: The Living Organisms and their Surroundings Chapter 10: Motion and Measurement of Distances	Chapter 9 <ul style="list-style-type: none"> • Habitat • Types of Habitat • Adaptations • Biotic and abiotic components 	Chapter 9 <ul style="list-style-type: none"> • Adaptations of animals in desert • Adaptations of animals in mountain region. • Adaptations of animals living in grass land. • Prey and predators 	Chapter 9 <ul style="list-style-type: none"> • Adaptations of animals living in aquatic habitat. • Characteristics of living organisms 	Chapter 9 <ul style="list-style-type: none"> • Respiration • Excretion • Reproduction Chapter 10 <ul style="list-style-type: none"> • Story of transport • Measurement 	Chapter 10 <ul style="list-style-type: none"> • Standard units of measurement • Correct measurement of length • Measuring the length of a curved line
Learning objective:	<ul style="list-style-type: none"> • Understand adaptations of animals living in different habitats. • Distinguish between living and non living organisms on the basis of life processes. • Understand the importance of standard unit in the measurement of a physical quantity. 				
Expected Learning Outcome	Students will be able to: <ul style="list-style-type: none"> • understand habitat and adaptation • comprehend types of habitat • study biotic and abiotic components of habitat • understand the need and importance of measurement • know the correct method of measurement 				
Teaching Aid	<ul style="list-style-type: none"> • Lab Apparatus (Pendulum, Stop Watch etc.) 				
Activity	<ul style="list-style-type: none"> • Video clipping /PPT of different habitats and adaptation, measuring and comparing measurements using handspan and standard measuring items. • Quiz based on topics covered in CH- 9 				
Assessment	<ul style="list-style-type: none"> • Class and home assignments, Worksheets, Class tests 				

MONTH: NOVEMBER

Content/ Topic	1 st Week	2 nd Week	3 rd Week	4 th Week	5 th Week
<p>Chapter 10: Motion and Measurement of Distances (contd)</p> <p>Chapter 11: Light, Shadows and Reflections</p>	<p>Chapter 10</p> <ul style="list-style-type: none"> • Rest, motion • Types of motion • Circular motion 	<p>Chapter 10</p> <ul style="list-style-type: none"> • Periodic motion • Rectilinear motion 	<p>Chapter 11</p> <ul style="list-style-type: none"> • Luminous and non-luminous bodies • Sources of light <p>Light travels in a straight line Shadow and conditions for shadow formation</p> <ul style="list-style-type: none"> • Solar eclipse and lunar eclipse • Pinhole camera • Mirrors 	<p>Chapter 11</p> <ul style="list-style-type: none"> • Images • Difference between image and shadow 	<p>Chapter 12</p> <ul style="list-style-type: none"> • Sources of electricity • Structure of electric cell • Battery • Caution with Electricity • How to connect a bulb to an electric cell • Electric switch
Learning objective:	<ul style="list-style-type: none"> • identify different types of motion • distinguish between luminous and non-luminous objects • understand the formation of an image in a plane mirror • comprehend the propagation of light • Understand the working of a pinhole camera. • be able to distinguish between an image and a shadow 				
Expected Learning Outcome	<p>Students will be able to:</p> <ul style="list-style-type: none"> • know whether an object is in motion or at rest • study different types of motion • differentiate between luminous and non-luminous objects • study the formation of a shadow • learn to make and use a pinhole camera • understand difference between image and shadow 				
Teaching Aid	<ul style="list-style-type: none"> • Optics Kit, model showing rectilinear properties of light 				
Activity	<ul style="list-style-type: none"> • Measuring the length of classroom using footsteps and comparing with different students or any other activity • Shadow formation, Shadow formation with hands 				

	<ul style="list-style-type: none"> • Making of a pin hole camera Activity to show that light travels in a straight line and mirror bends the path of light
Assessment	<ul style="list-style-type: none"> • Class and home assignments, Worksheets, Class tests

MONTH: DECEMBER

Content/ Topic	1 st Week	2 nd Week	3 rd Week	4 th Week
Chapter 12: Electricity and Circuits Chapter 13: Fun with Magnets Chapter 14: Water	PTM	Chapter 12 <ul style="list-style-type: none"> • Electric circuit • Inside view of a torch • Applications of conductors and insulators Chapter 13 <ul style="list-style-type: none"> • Discovery of magnets, • Magnetic and non-magnetic materials, • Poles of magnet 	Chapter 13 <ul style="list-style-type: none"> • Shapes of magnet • Uses of magnet • Magnetic compass • Finding directions with magnetic compass • Interaction of poles • Demagnetization storing of magnets 	Chapter 14 <ul style="list-style-type: none"> • Occurrence of water • Sources of water • Uses of water • Water cycle • Condensation • Evaporation • Transpiration
Learning objective:	<ul style="list-style-type: none"> • Understand the working of a dry cell. • Comprehend the components of an electric circuit. • Understand the parts of a torch. • Comprehend the principle / laws of magnetism and the use of magnets for various purposes. • Realize the importance of water 			
Expected learning outcome	Students will be able to: <ul style="list-style-type: none"> • understand the structure of a dry cell and electric bulb • comprehend conductors and insulators, their applications • study properties of magnets • understand magnetic and non-magnetic substances • learn the use of magnet for finding direction • understand the importance of water • know the occurrence and sources of water • study the water cycle in nature • comprehend the importance of conservation of water 			

Teaching Aid	<ul style="list-style-type: none"> • Dry cell, Electric Circuit, Different types of magnets, Iron filings.
Activity	<p>Making a simple circuit using a bulb, electric cell and connecting wires</p> <p>List out the items having magnets at home/Group activity-to show magnetic and non-magnetic materials</p> <p>/Activities on magnetic properties, Chart on water cycle , MCIs</p>
Assessment	Class and home assignments, Worksheets, Class tests

MONTH: JANUARY

Content/ Topic	1 st Week	2 nd Week	3 rd Week	4 th Week	5 th Week
Chapter 14: Water (Contd) Chapter 15: Air around Us	Winter Break	Winter Break	Chapter 14 <ul style="list-style-type: none"> • Formation of clouds • What if it does not rain for a long time? • What if it rains heavily? • Conservation of water • Rainwater harvesting 	Chapter 15 <ul style="list-style-type: none"> • Introduction of chapter • Air is present everywhere • Composition of air watervapour • Oxygen • Nitrogen • Carbon dioxide • Dust and smoke 	Chapter 15 <ul style="list-style-type: none"> • How does oxygen become available to animals and plants living in water and soil? • How is oxygen in atmosphere replenished?
Learning objective:	<ul style="list-style-type: none"> • Understand different sources and methods to conserve water. • understand the properties of different components of air their importance and uses • apply the knowledge of causes of air pollution so that it can be prevented • Distinguidh between biodegradable and non biodegradable wastes • apply the knowledge of waste management to limit garbage generation 				
Expected Learning Outcome	<p>Students will be able to:</p> <ul style="list-style-type: none"> • learn about the various components of air and their uses • understand that aquatic animals use oxygen dissolved in water • check whether air is present in soil • understand the importance of air 				
Teaching Aid	<ul style="list-style-type: none"> • Lab Apparatus (Oxygen supports burning) 				
Activity	<ul style="list-style-type: none"> • To understand various properties of air • Cross word puzzle or Oral quiz to assess application, recall, mental alertness • Model of rain water harvesting • Poster on 'conservation of water' 				
Assessment	<ul style="list-style-type: none"> • Class and home assignments • Worksheets • Class tests 				

MONTH: FEBRUARY

Content/ Topic	1 st Week	2 nd Week	3 rd Week	4 th Week	5 TH Week
Chapter 16: Garbage in, garbage out	Chapter 16 <ul style="list-style-type: none"> Biodegradable and non-biodegradable wastes 	<ul style="list-style-type: none"> Ways to manage solid, Liquid, and gaseous waste Vermicomposting Recycling of paper Plastic- boon or a curse? 	Revision	Revision	Revision
Learning objective	To: <ul style="list-style-type: none"> Focus on minimizing the use of plastics focus on the concept of Reduce, Reuse & Recycle 				
Expected Learning Outcome	Students will be able to: <ul style="list-style-type: none"> learn classification of wastes comprehend management of wastes learn hazards caused by waste accumulation 				
Teaching Aid	<ul style="list-style-type: none"> Vermicompost pit, Paper Recycling Unit 				
Activity	Collection of garbage from respective houses and separating them into bio degradable and non-biodegradable, Making vermicompost /Recycling of paper Cross word puzzle or Oral quiz to assess application, recall, mental alertness				
Assessment	Class and home assignments Worksheets Class tests				

MONTH: MARCH

Content/ Topic	1 st Week	2 nd Week	3 rd Week	4 th Week	5 th Week
	Term II exams	Term II exams	-	-	-

SOCIAL SCIENCE

MONTH: APRIL

Content/Topic	1 st Week	2 nd Week	3 rd Week	4 th Week
History Chapter 1: What, Where, How and When Geography Chapter 1: The Earth in the Solar System Political Science Chapter1:Understanding Diversity Chapter 2 : Diversity and Discrimination	History Chapter 1 <ul style="list-style-type: none"> • What can we know about the past? • Where did people live? • Names of the land • Finding out about past • One past or many What does dates mean? 	Geography Chapter 1 <ul style="list-style-type: none"> • Celestial bodies- stars and planets • The Solar System • The Sun • Planets • The Earth • The Moon 	Geography Chapter 1 <ul style="list-style-type: none"> • Asteroids • Meteoroids Political Science Chapter1 <ul style="list-style-type: none"> • Introduction • Making friends • What does diversity add to our life? • How do we explain diversity? 	Political Science Chapter 2 : <ul style="list-style-type: none"> • Difference and Prejudice • Creating Stereotype • Inequality and Discrimination • On Being Discriminated against • Striving for Equality?
Learning Objectives	<ul style="list-style-type: none"> • To understand the specific nature of the discipline. • To understand why we study History. • To understand the significance of time in the study of History. • To learn about the Geography in the study of History. • To understand and identify the different sources that are used to reconstruct History. • To understand the significance of the title of the book. • To understand about hunting and gathering as a way of life and its implications. • To appreciate the skills and knowledge of hunter-gatherers. • To learn about our galaxy and Milky Way. • To learn about the Sun and its planetary system and to understand why life exists on the earth. • To understand the meaning of diversity and find out how different we are as humans. • To realize how diversity affects us. 			
Expected Learning Outcome	The students will learn about: <ul style="list-style-type: none"> • history, prehistory and protohistory. • the time frame in history. • the geographical features of India and its influence in forming history. 			

	<ul style="list-style-type: none"> • how the universe was formed. • stars, constellation, the solar system, the eight planets, the moon, meteoroids and comets • what makes the earth a unique planet • the meaning ,scope and significance of the term diversity • the linguistic, religious, regional and cultural diversity in India • the essence of the term ‘unity in diversity’ in the context of India
Teaching Aids	<ul style="list-style-type: none"> • Smart Class Module • Globe • Diagrams on the black board • Time line chart
Assessment	<ul style="list-style-type: none"> • Cross word/Diary entry • Map work • Class Work

MONTH: MAY

Content/Topic	1 st Week	2 nd Week	3 rd Week	4 th Week	5 th Week
History Chapter 2: On the Trail of the Earliest People Geography Chapter 2 : Globe: Latitudes & Longitudes	History Chapter 2: <ul style="list-style-type: none"> • Why were the earliest people on the move? • How do we know about these people? • Choosing a place to live in • Making stone tools 	History Chapter 2: (Contd.) <ul style="list-style-type: none"> • Finding out about fire • Rock paintings and what they tell us • Who did what? • A closer look – Hunsgi 	Geography Chapter 2 : <ul style="list-style-type: none"> • Axis • Parallels of latitudes • Heat Zones of the earth • Longitude and time • Why do we have standard time? 	Summer Break	Summer Break
Learning Objectives	<ul style="list-style-type: none"> • To learn about stone tools and their use. • To learn about the significance of fire and changing environment to early humans. • To understand what prejudice and stereotyping is and why we shouldn't be prejudiced and create stereotypes. • To understand how prejudice and stereotyping lead to inequality and discrimination. • To find out how the Constitution of India upholds our right to equality. • To understand the shape of the Earth. • To learn how to use the globe • To learn how to locate precise points on the Earth's surface • To understand how countries determine their time zones. 				

Expected Learning Outcome	<p>The students will learn about -</p> <ul style="list-style-type: none"> • the various stone tools used during this period • the life of the early humans • stereotypes, prejudice and discrimination. • the reasons of inequality prevalent in India. • how our constitution has provisions to remove inequality. • the axis of the earth, the poles, latitudes, heat zones and longitudes. • how to calculate time, local time, standard time and time zones of the Earth.
Teaching Aids	<ul style="list-style-type: none"> • Smart Class Module • Charts, Atlas • Map
Assessment	<ul style="list-style-type: none"> • Group Discussion • Diagrams • Class Work

MONTH: JULY

Content/Topic	1 st Week	2 nd Week	3 rd Week	4 th Week	5 th Week
<p>History Chapter 3: From Gathering to Growing Food Chapter 4: In the Earliest Cities Geography Chapter 3: Motions of the Earth Chapter 4 : Maps Political Science Chapter 3: What is Government?</p>	<p>History: Chapter 3</p> <ul style="list-style-type: none"> • Varieties of foods • The beginning of farming and herding • Domestication • A new way of life • Storing animals • First farmers and herders • Towards a settled life <p>Case study- Mehrgarh, Daojali Hading</p>	<p>Geography Chapter 3</p> <ul style="list-style-type: none"> • Rotation • Revolution <p>Political Science Chapter 3</p> <ul style="list-style-type: none"> • Need and functions of a government • Levels of government 	<p>Political Science Chapter 3</p> <ul style="list-style-type: none"> • Types of government <p>History Chapter 4</p> <ul style="list-style-type: none"> • The Story of Harappa • What is so special About these Cities • Houses, Drains, Streets • Life in the city and crafts • Food 	<p>History Chapter 4</p> <ul style="list-style-type: none"> • Case study- Dholavira and Lothal <p>Decline Geography Chapter:4</p> <ul style="list-style-type: none"> • Map ,atlas and globe • Types of maps 	<p>Geography Chapter:4</p> <ul style="list-style-type: none"> • Components of maps • A sketch • A plan

Learning Objectives	<ul style="list-style-type: none"> ● To understand the transition from hunting-gathering to settled life. ● To identify the material culture of humans of this period. ● To understand the diversity of early domestication. ● To learn about the new discoveries that were made during this period. ● To understand the transition from pastoral phase to urban phase. ● To understand the meaning of civilization and urbanization. ● To find out the extent and spread of the Harappan culture. ● To learn about the distinct features of Harappan towns and cities. ● To learn about the way of life in Harappan culture. ● To understand what causes day and night and seasons. ● To learn the relation between Equinox and Solstices. ● To understand the importance of maps and their components and how to see direction. ● To understand the importance and usage of scale on a map and different symbols used as map keys. ● To find out why we need a government. ● To learn about the different types of government and to study the functions , levels and organs of the government.
Expected Learning Outcome	<p>Students will learn about:-</p> <ul style="list-style-type: none"> ● the Neolithic age and changes that occurred during the age. ● the concepts of domestication. ● the customs and practices of this age and the implication of food production. ● the meaning of civilization. ● the Indus valley civilization-its economy, society, town planning and its decline. ● rotation, revolution and its effects. ● globes, maps, different types of maps, essential features,sketches and plan. ● meaning of government and why we need it. ● three levels of government and its forms.
Teaching Aids	<ul style="list-style-type: none"> ● Smart Class Module ● Newspaper ● Diagrams on the black board ● Globe
Assessment	<ul style="list-style-type: none"> ● Flow Chart ● Project/Artifacts ● Maps ● Class Work

MONTH: AUGUST

Content/Topic	1 st Week	2 nd Week	3 rd Week	4 th Week	5 th Week
History Chapter :5 What Books and Burials Tell Us Chapter: 6 Kingdoms, Kings and Early Republics Political Science Chapter 4 Key Elements of Democratic Government Chapter 5 Panchayati Raj	History: Chapter:5 <ul style="list-style-type: none"> • Books-Rig veda and how historians study it • Cattle, horses and chariots • Words to describe people • Silent guards- The Megaliths • Finding social differences through burials • Case Study: Inamgaon 	History: Chapter: 6 <ul style="list-style-type: none"> • Idea of Kinship • Janapadas • Mahajanapadas • Taxes • Changes in Agriculture • Case Study: Bihar, Magadha and Vajji 	Political Science Chapter 4 <ul style="list-style-type: none"> • Apartheid • Participation • Other ways of participation • Need to resolve a conflict 	Political Science Chapter 4 <ul style="list-style-type: none"> • Equality and Justice Political Science Chapter 5 <ul style="list-style-type: none"> • Gram Sabha • Gram Panchayat • Functions of the Panchayat 	Political Science Chapter 5 <ul style="list-style-type: none"> • Sources of income • Three levels of the Panchayati Raj
Learning Objectives	<ul style="list-style-type: none"> • To learn about Vedas and to understand the Vedic Philosophy. • To understand the reconstruction of the past on the basis of textual evidence. • Appreciate different developments that were taking place in different parts of the subcontinent simultaneously. • Introduce simple strategies of textual analysis. • Reinforce the skills of archaeological analysis already developed. • Introduce the concept of the state and its varieties. • Examine the transformation of the ancient society from a tribe to a territory, and subsequently into a kingdom. • To understand what apartheid is. • To understand why people should participate in governance and accountability of the government. • To understand how conflicts are resolved between people. • To develop an appreciation for equality and justice. • To understand what a panchayat is and how it is elected. • To understand the decision making rights of the panchayat. • To find out how the decisions taken by the panchayat are implemented. • To understand about the Gram Sabha, its role and the role of the women in panchayat. 				
Expected Learning Outcome	<ul style="list-style-type: none"> • Students will be able to learn about:- • The vedic age, social and economic life during this age. 				

	<ul style="list-style-type: none"> • the Janapadas and Mahajanapadas • Concept of state formation and the various types of states. • The rigidity of the Varna system. • Anti-apartheid struggle in South Africa. • The structure, main elements and the Constitution of India. • The key elements which influence the functioning of a democracy- develop an understanding of the government role in resolving conflicts and how justice and equality are the two important principles of democracy. • local levels of government in the villages and structure and composition of Gram Sabha and Gram Panchayat
Teaching Aids	<ul style="list-style-type: none"> • Smart Board Module, Newspaper, Map
Assessment	<ul style="list-style-type: none"> • Map Work • Group discussion • Quiz • Class Work

MONTH: SEPTEMBER

Content/ Topic	1st Week	2nd Week	3rd Week	4th Week
Revision for Term I and Summative Assessment History: Chapter 7 New Questions and Ideas	Revision	TERM 1	TERM 1	Hstory Chapter 7: The Story of Buddha <ul style="list-style-type: none"> • Upanishads • Jainism • The Sangha • Monasteries
Learning Objectives	<ul style="list-style-type: none"> • To enable students recapitulate and reinforce • To understand about the life and teachings of lord Buddha. • To identify and to understand the different reasons that led to the rise of Buddhism and Jainism sixth century BC. • To understand the basic tenets Buddhism and Jainism. • To understand the main principles of the Upanishadic philosophy. 			
Expected Learning Outcome	<ul style="list-style-type: none"> • The students will be able to get an idea of excerpts which help in formulating sources of the period under study. • They will understand the previous concepts thoroughly. 			
Teaching Aids	<ul style="list-style-type: none"> • Smart Class Module 			
Assessment	<ul style="list-style-type: none"> • Class work, Oral Tests, Maps and diagram/artifacts/diary entry 			

MONTH: OCTOBER

Content/Topic	1 st Week	2 nd Week	3 rd Week	4 th Week	5 th Week
<p>History: Chapter 7 New Questions and Ideas Chapter 8 Ashoka the Emperor Who Gave Up War Geography Chapter 5 Major Domains Of the Earth Political Science Chapter 6 Rural Administration Chapter 7:Urban Administration</p>	<p>Geography Chapter 5 <ul style="list-style-type: none"> • Lithosphere • Hydrosphere • Atmosphere • Biosphere </p>	<p>Political Science Chapter 6 <ul style="list-style-type: none"> • A quarrel in the village • The work at the police station • Maintenance of land records • A new law-Hindu Succession Act </p>	<p>Political Science Chapter 7: <ul style="list-style-type: none"> • The ward councillor and the administrative staff • Composition and organization of a Municipality or a Municipal Corporation • Sources of income and functions • Case study- A community protest </p>	<p>History: Chapter 8 <ul style="list-style-type: none"> • A Very Big kingdom or Empire • Dynasty • Ruling the Empire • Ashoka – A Ruler of his Own Class • Ashoka’s Kalinga War • Ashoka’s Dhamma • Edicts </p>	<p>History: Chapter 8 <ul style="list-style-type: none"> • Ashoka’s Dhamma • Edicts </p>
<p>Learning Objectives</p>	<ul style="list-style-type: none"> • To understand the concept of empire. • To understand the expansion of the Mauryan Empire. • To learn about Ashoka’s administration. • To learn about Ashoka’s administration • To understand how inscriptions are used as sources for reconstruction of the past. • To learn about the four realms of the Earth: atmosphere, lithosphere, hydrosphere, and biosphere. • To understand the interrelationship between the realms of the Earth. • To understand the formation and functioning of police stations. • To find out how taxes are collected and land records are maintained. • To understand how districts are divided for collecting taxes. • To understand the law of inheritance. • To find out the difference between municipality and corporation and the need to have them. • To find out how members are elected to the Municipal Corporation. • To find out the structure and decision making process of corporations. • To find out how citizens can protest to get their grievances addressed. 				

Expected Learning Outcome	<p>The students will learn about:</p> <ul style="list-style-type: none"> • The philosophies of the Upanishads. • the causes that led to the rise of new religious sects • the founder of Buddhism and Jainism and their teachings • the concept of an empire and the uniqueness and greatness of Ashoka's rule • Lithosphere and the seven continents, hydrosphere and the four oceans, layers of atmosphere and the biosphere, ecosystem and ecological balance. • How police plays an important role in solving conflicts. • the importance of maintaining the records associated with the land in the rural areas • The role of hierarchy of officers in maintaining land records and about the new law that gives the women an equal right in the family property. • the administration in urban areas by Municipality and Municipal Corporation • the various functions and different sources of income of the Municipal Corporation
Teaching Aids	<ul style="list-style-type: none"> • Smart Class Module • Physical Map of World • Diagrams/Flow chart
Assessment	<ul style="list-style-type: none"> • Map Activity • Role play • Class Work

MONTH: NOVEMBER

Content/Topic	1st Week	2nd Week	3rd Week	4th Week
<p>History: Chapter 8 Ashoka the Emperor Who Gave Up War Chapter 9 Vital Villages, Thriving Towns Geography Chapter 6 Major Landforms of the Earth</p>	<p>History: Chapter 8</p> <ul style="list-style-type: none"> • A Very Big kingdom or Empire • Dynasty • Ruling the Empire • Ashoka – A Ruler of his Own Class • Ashoka's Kalinga War 	<p>Geography Chapter 6</p> <ul style="list-style-type: none"> • Earth movements • Formation of mountains • Formation of plateaus • Formation of Plains <p>History: Chapter 9</p> <ul style="list-style-type: none"> • Iron tool and agriculture • Irrigation • Who lived in villages? 	<p>History: Chapter 9</p> <ul style="list-style-type: none"> • The Villagers • Literature • Coins • Multi Functional cities 	<p>History: Chapter 9</p> <ul style="list-style-type: none"> • Crafts and their Makers • Case Study Arikamedu
Learning Objectives	<ul style="list-style-type: none"> • To understand how inscriptions are used as sources for reconstruction of the past 			

	<ul style="list-style-type: none"> • To understand the reasons for the second urbanization in sixth century BC • To understand the implications of the widespread use of iron on agriculture • To learn about the way of life in the villages • To understand the organization of the craftsmen and the merchants under guilds • To understand the formation of major landforms of the earth: mountains, plateaus, plains • To understand the characteristic feature of each of the landform and find out how external and internal processes lead to the formation of various landforms. • To learn about the kingdoms in Central India • To understand the implication of Central Asian invasions. • To learn about South India during the Sangam Age and understand the implications of journeys within the subcontinent
Expected Learning Outcome	<p>Students will acquire knowledge and learn about:</p> <ul style="list-style-type: none"> • Major landforms and their formation. • the types and importance of mountains ,plateaus and plain • using map to locate and classify major landforms • the growth of agriculture and trade that led to the second urbanization • the types and categories of towns and cities • life of the people in towns and villages.
Teaching Aids	<ul style="list-style-type: none"> • Smart Class Module • Physical Map of the World • Atlas • Textual illustrations such as copy of land records,story narration and poems.
Assessment	<ul style="list-style-type: none"> • MCI's • Map work • Flow chart • Class Work

MONTH: DECEMBER

Content/Topic	1 st Week	2 nd Week	3 rd Week	4 th Week
History Chapter 10 Traders, Kings and Pilgrims Chapter 11 New Empires and Kingdoms	Geography Chapter 7 <ul style="list-style-type: none"> • Locational setting 	Political Science Chapter 8 <ul style="list-style-type: none"> • Work of the people in the villages 	History Chapter 10 <ul style="list-style-type: none"> • The story of the Silk Route 	History Chapter 11 <ul style="list-style-type: none"> • Genealogy • Harshavardhan

<p>Geography Chapter 7 Our Country – India Political Science Chapter 8 Rural Livelihood</p>	<ul style="list-style-type: none"> • Political and Administrative divisions • Physical divisions 	<ul style="list-style-type: none"> • Problems people face in the villages • Case studies <p>History Chapter 10</p> <ul style="list-style-type: none"> • Trade and traders • New kingdoms along the coast 	<ul style="list-style-type: none"> • The spread of Buddhism • The quest of the pilgrims • The beginning of Bhakti <p>History Chapter 11</p> <ul style="list-style-type: none"> • Prashastis • Samundragupta 	<ul style="list-style-type: none"> • Pallavas, Chalukya and Pulakshin's prashatis • Anew kind of Army Assemblies in South India
<p>Learning Objectives</p>	<ul style="list-style-type: none"> • To understand the spread of Buddhism from North India to Central India • To introduce the idea and strategies of expansion, and their logic • To learn about Gupta administration and about Harshavardhana • To learn about the Pallavas and Chalukyas • To understand the means of contacts with distant lands in ancient India and the effects of these contacts-illustrate the use of textual and visual material for reconstructing the history of such contacts. • To describe the empires which came up in Northern India around 2nd and 3rd century- Development of different administrative systems -Use of Prashasti as source of political history. • To comprehend broad physiographic divisions of India. • To know about the locations and characteristics of India's mountains, plains, plateaus, deserts and water bodies. • To understand about the different types of livelihood prevalent in villages. • To find out about the different types of farming practiced in villages and about the condition of women in villages. 			
<p>Expected Learning Outcome</p>	<p>Students will learn about:-</p> <ul style="list-style-type: none"> • the post-Mauryan dynasties of North India , Deccan and South India • how India established trading contacts with the outside world • how Buddhism spread during this period • the concept of Bhakti • the Gupta Empire and the role of prashastis as a source of history • the kingdoms of Harshavardhana, the Pallavas and the Chalukyas • location, political, physical and the geographical unity of India. • the conditions and opportunities for making a livelihood in a village and various types of means of living prevalent in the rural areas. 			

Teaching Aids	<ul style="list-style-type: none"> • Smart Class Module • Physical and Political map of the India • Atlas • Illustrations in the text book
Assessment	<ul style="list-style-type: none"> • PSA/Role play • Collage on urban and rural livelihood • Class Work

MONTH: JANUARY

Content/Topic	1 st Week	2 nd Week	3 rd Week	4 th Week	5 th Week
Geography Chapter 8 :India- Climate, Vegetation and Wildlife Political Science Chapter 9 : Urban Livelihood History Chapter 12 : Building, Paintings and Books	Winter Break	Winter Break	Geography Chapter 8 <ul style="list-style-type: none"> • Weather and climate • Major seasons of India • Factors affecting climate of India • Natural vegetation • Why are forests necessary? • Wild life 	Political Science : Chapter 9 <ul style="list-style-type: none"> • Working on the street • In the Market • Case Studies: Harpreet and Vandana • In the factory- Workshop area • In the office area 	History: Chapter <ul style="list-style-type: none"> • Brick and Stone Buildings • Stupas and Temples • Paintings • The World of Books • The iron pillar Building in brick and stone
Learning Objectives	<ul style="list-style-type: none"> • To describe the influence of land , climate , and wild life on human life; • To appreciate the need for conserving natural vegetation and wildlife. • To enable students to understand conditions that underlines and impact life strategies of various groups of people. • To enable students to understand that these conditions and opportunities for making a living are not equally available to all. • Develop a sense of appreciation of textual and visual traditions of the period. • Introduce excerpts from texts and visual material for analysis and appreciation. 				
Expected Learning Outcomes	<ul style="list-style-type: none"> • The students will evaluate the conditions and opportunities for making a livelihood in a city and the various type of livelihood prevalent in city • Comprehend the various type of livelihoods in urban areas – help the students to learn the difference between self-employed and regular employment • Understand the literary and archaeological achievements of Ancient India , which are a part of our diverse culture 				

	<ul style="list-style-type: none"> The learners would be able to analyze the role of climate in influencing the natural vegetation and lifestyles in our country, examine the distribution of various types of flora and fauna found in different parts of the country and also appreciate the need for conserving the natural vegetation and wildlife.
Teaching Aids	<ul style="list-style-type: none"> Smart Class Module, Chart of different monuments Map
Assessment	<ul style="list-style-type: none"> Worksheet, Oral Questions Class Work Poster/ Quiz/Collage

MONTH: FEBRUARY

Content/ Topic	1 st Week	2 nd Week	3 rd Week	4 th Week	5 th Week
History Chapter 12 Building, Paintings and Books	History Chapter 12 <ul style="list-style-type: none"> Stupas and temples Painting The world of books Recording and preserving old stories 	History Chapter 12 (Contd.) <ul style="list-style-type: none"> Stories told by old people Writing books on science Revision 	Revision	Revision	TERM II EXAM
Learning Objectives	<ul style="list-style-type: none"> Reinforce and appreciate the importance of literature like puranas and epics Outline the significance of architecture like stupas, temples etc. To recognize the importance of paintings and sculpture of the past Appreciate the literary and architectural skills in the ancient times. 				
Expected Learning Outcomes	The students will learn about: <ul style="list-style-type: none"> the progress and development in the field of art, literature, science and education. the discoveries in the field science and invention in technology. 				
Teaching Aids	<ul style="list-style-type: none"> Smart Class Module 				
Assessment	<ul style="list-style-type: none"> Revision tests Class Work Quiz 				

MONTH: MARCH

Content/ Topic	1 st Week	2 nd Week	3 rd Week	4 th Week	5 th Week
	FINAL EXAM	FINAL EXAM	Discussion of answer sheets.		

GENERAL KNOWLEDGE AND CURRENT AFFAIRS

Learning Objectives:

To enable students

- To expand general awareness and hone the skill of drawing rational inferences.
- empower with knowledge and create interest and curiosity
- Collect information related to different fields and aspects of life.
- Something new and interesting every time.
- Provide students with facts related to general knowledge and information regarding current affairs of national and international importance.

Learning Outcomes:

The students will develop the ability to:

- Acquire knowledge on the miscellaneous topics and one related to current events for awareness and for regular quiz competitions conducted at various levels and select students to prepare for interschool competition at the state, national and international level.

MONTH: APRIL

		1 st Week	2 nd Week	3 rd Week	4 th Week
Content: Natural World	Orientation for students	Page no. 6-8 <ul style="list-style-type: none"> • How creatures Evolved • Plant Kingdom 	Page no. 9,10 <ul style="list-style-type: none"> • Plant Kingdom • Animal kingdom 	Page no. 11-15 <ul style="list-style-type: none"> • Animal kingdom • Insects and Parasites 	Page no. 16 <ul style="list-style-type: none"> • Rewind • Quiz on current affairs

MONTH: MAY

	1 st Week	2 nd Week	3 rd Week	4 th Week	5 th Week
Content: India- My Country	Page no. 17-20 <ul style="list-style-type: none"> • Land of Many Religions • Famous Land marks and Monuments 	Page no. 21-23 <ul style="list-style-type: none"> • Crossword Puzzle • Indian Awards and Honours 	Page no. 24-26 <ul style="list-style-type: none"> • Classical Dances of India & Current Affairs • Rewind 	Summer Break	Summer Break

MONTH: JULY

	Reopen	1st Week	2nd Week	3rd Week	4th Week
Content: Science and Technology	Discussion on Current Affairs	Page no. 27-29 <ul style="list-style-type: none"> Famous Inventions and Discoveries 	Page no. 30 & Quiz <ul style="list-style-type: none"> Space and Universe 	Page no. 31-34 <ul style="list-style-type: none"> Space and Universe Understanding Human Body 	Page no. 35-37 <ul style="list-style-type: none"> Computer and Internet Rewind

MONTH: AUGUST

	1st Week	2nd Week	3rd Week	4th Week	5th Week
Content: Sports	Page no. 38, 39 <ul style="list-style-type: none"> Famous Sportsperson Olympics 	Page no. 40 <ul style="list-style-type: none"> Olympics 	Page no. 41, 42 <ul style="list-style-type: none"> Indian Premier League 	Page no. 43, 44 <ul style="list-style-type: none"> Sports inspired films Rewind 	Current Affairs QUIZ <ul style="list-style-type: none"> Legendary Sportsperson

MONTH: SEPTEMBER

1st Week	2nd Week	3rd Week	4th Week	5th Week
Quiz-Sports, Science and Technology & Test Paper-1 (Pg.71)	Oral Revision-Natural World, India My Country	Mid Term Exam	Mid Term Exam	Fun Quiz Sudoku (From Newspaper)

MONTH: OCTOBER

	TOPIC/CONTENT	1st Week	2nd Week	3rd Week	4th Week	5th Week
Content: Literature and Language	Current Affairs (Discussion)	Page no. 45,46 <ul style="list-style-type: none"> Famous Books and Authors Proverbs 	Page no. 49 <ul style="list-style-type: none"> Rewind 	Page no. 47,48 <ul style="list-style-type: none"> Abbreviations and Acronyms Prefixes and Suffixes 	Quiz on Books and Authors	Reading of famous lines from the books of their choice

MONTH: NOVEMBER

	1 st Week	2 nd Week	3 rd Week	4 th Week
Content: History	Page no. 50-53 <ul style="list-style-type: none"> Ancient Architectural Wonders Extinct Bird and Animals 	Page no. 54 <ul style="list-style-type: none"> Great Paintings 	Page no. 55,56 <ul style="list-style-type: none"> Freedom Struggle Rewind 	Rewind and Quiz on Freedom fighters, important events related to India's freedom movement etc.

MONTH: DECEMBER

	1 st Week	2 nd Week	3 rd Week	4 th Week
Content: World	Quiz of Pg No. 58(Countries Around the World) & Current Affairs	Page no. 57,58 <ul style="list-style-type: none"> Deserts Around the World Countries around the world 	Page no. 59-62 <ul style="list-style-type: none"> Superlative Galore Influential People of the Modern Era Global Warming 	Page no. 63 Rewind

MONTH: JANUARY

	1 st Week	2 nd Week	3 rd Week	4 th Week	5 th Week
Content: Entertainment	Winter Break	Winter Break	Page no. 64,65 <ul style="list-style-type: none"> Dance Forms 	Page no. 66,67 <ul style="list-style-type: none"> Biggest Entertainment Awards 	Page no. 68-70 <ul style="list-style-type: none"> India's Famous Instrumentalists Famous Companies Rewind

MONTH: FEBRUARY

1 st Week	2 nd Week	3 rd Week	4 th Week
Quiz on Famous Authors and Books, History	Page no. 72(Test Paper II), World, Entertainment	Revision & Assignment	Revision & Assignment

LIFE SKILLS

MONTH: APRIL			
Content/Topic	1st& 2nd Week	3rd Week	4th Week
<p>Understanding and Exploring Life-Skills</p> <p>UNIT 1</p> <p>CBSE (Life Skills: Teacher’s Manual-VI)</p>	<ul style="list-style-type: none"> - Re-visiting Life-Skills - Orientation for Student <p>Class Talk/discussion on understanding Life Skills</p> <p>1.4 The Concept and Context of Value Education (pg6-7)</p> <p><i>CBSE: (Values Education: A Handbook for Teachers)</i></p>	<p>Class Talk/Discussion/subjective sharing of students on</p> <p>Values from the Garden of Life (Peace, Responsibility, Love, respect, cooperation, Honesty, Humility)</p>	<p>Lesson 2: Values to Cultivate Responsibility towards Nature (Feel gratitude, Rethink, Reduce, Reuse, Recycle)</p>
Learning Objectives	<ul style="list-style-type: none"> • To explore the concepts of Life Skills • To acquaint student with the Life Skills they can use in their day to day life • To gain awareness towards self in a critical manner • To become aware of the uniqueness of self • To understand and imbibe life skills through the story narrative <p>To understand the importance of knowing oneself</p>		
Expected Learning Outcome	<p>Students will be able to –</p> <ul style="list-style-type: none"> • gain insight about the 10 core life skills • apply life skills in day to day life • enhance the understanding of life skills by relating it through stories • become aware of the weaknesses they possess and ways of overcoming it • understand oneself in a creative way • use creative thinking skills 		
Assessment	<p>•Worksheets, Activities and Story narration</p>		

MONTH: MAY

Content/Topic	1 st Week	2 nd & 3 rd Week	4 th Week	5 th Week
UNIT 2: SELF-AWARENESS CBSE (Life Skills: Teacher's Manual-VI)	Orientation/Class Talk on Let's Debate/discuss: - What Self-Awareness mean! - Need and Significance!	Activities: I am Unique! My Strengths and Weaknesses & Exercise : Self Reflection (pg 12) <i>CBSE: (Values Education: A Handbook for Teachers)</i>	Summer Break	Summer Break
Learning Objectives	<ul style="list-style-type: none"> To gain awareness towards self in a critical manner To become aware of the uniqueness of self To understand and imbibe life skills through the story narrative To understand the importance of knowing oneself To develop understanding towards the suffering of others through the story 			
Expected Learning Outcome	Students will be able to – <ul style="list-style-type: none"> enhance the understanding of life skills by relating it through stories become aware of the weaknesses they possess and ways of overcoming it understand oneself in a creative way use creative thinking skills 			
Assessment	<ul style="list-style-type: none"> Worksheets, Story narration, Questionnaire and Activities 			

MONTH: JULY

Content/Topic	1 st Week	2 nd Week	3 rd & 4 th Week
UNIT 3-4 Critical Thinking Creative Thinking CBSE (Life Skills: Teacher's Manual-VI)	Orientation/Class Discussion on the topic/s Followed by <i>Audio-Visuals (age appropriate) pertaining to discoveries/innovations/inventi ons reflecting creative and critical thinking</i>	Story Telling Session (Covering the Life skill planned) Discussion on the story told	Activities: Unit 3-4 - Activity 1: Backward or Forward? - Activity 2/3: Because/Let's Debate! Any one from Unit 4 CBSE (Life Skills: Teacher's Manual-VI) Power of Perseverance: Through Story Session
Learning Objectives	<ul style="list-style-type: none"> To improve the Creative Thinking Skills To apply thought and creativity to studies 		

	<ul style="list-style-type: none"> To think out of the Box by encouraging them to create metaphors To analyze the Decision Making Steps to make efficient Decision
Expected Learning Outcome	<p>Students will be able to –</p> <ul style="list-style-type: none"> think creatively in reading and writing skills get insight that there is always new approach to handle a problem know how to think out of box
Assessment	<ul style="list-style-type: none"> Worksheets and Activities

MONTH: AUGUST

Content/Topic	1 st Week	2 nd Week	3 rd & 4 th Week	5 th Week
EFFECTIVE COMMUNICATION and Interpersonal Relationship	<p>Activity: Listening- An important Source of Communication/learning (pg 119-121) CBSE (Life Skills: Teacher's Manual-VI)</p>	<p>Activity: Use of Words, Actions and Expressions while Communicating. (pg 122-124) CBSE (Life Skills: Teacher's Manual-VI)</p>	<p>Activities: - Assertive Behavior (pg 125) - Contribution in Group Discussions (pg114) CBSE (Life Skills: Teacher's Manual-VI)</p>	<p>Lesson 4: POWER OF LOVE Story Session</p>
Learning Objectives	<ul style="list-style-type: none"> To become more aware of oneself, while listening to others To develop the ill effects of computer and internet use To promote expression of feelings to parents To enhance the act of appreciation To be able to establish cooperative approach in developing interpersonal relationships To recognize the qualities of relationship To develop skill to sustain and maintain healthy relationships To recognize the importance of relationships 			
Expected Learning Outcome	<p>Students will be able to –</p> <ul style="list-style-type: none"> Understand the side effects of computer and internet Imbibe discipline in their lives Make use of different techniques to success Gain insight about solving a problem in different manner Understand the importance becoming responsible towards tasks 			
Assessment	<ul style="list-style-type: none"> Worksheets and Activities 			

MONTH: SEPTEMBER

Content/Topic	1 st Week	2 nd Week	3 rd Week	4 th Week
Assessment	Assessment and Grading the Students on Different Descriptors	Assessment and Grading the Students on Different Descriptors	SA-I	SA-I

MONTH: OCTOBER

Content/Topic	1 st Week	2 nd & 3 rd Week	4 th & 5 th Week
Managing Emotions Managing Anger	Lesson 8: An inspiring Story- A Sea Shell to Make You Smile. followed by Discussion/Class talk on the same	Activities: - Managing Emotions (pg 143-145) - Breathing Exercise (pg 161-162) - “Empty Chair” (pg 152) CBSE (Life Skills: Teacher’s Manual-VI)	Mind Your Mind!: Story Session Activity 4: “ How I Chill”- Managing Anger
Learning Objectives	<ul style="list-style-type: none"> • To understand the importance of contentment and peace • To develop understanding about the discomfort in dissonance • To develop skills to manage negative emotions • To be able to express emotions appropriately • To be able to make use of positive ways to deal with negative emotions • To enhance knowledge and skills of managing emotions in a healthy way 		
Expected Learning Outcome	<ul style="list-style-type: none"> • Understand the side effects of negative emotions • Make use of positive ways of handling emotions • Use adaptive and healthy ways of managing strong negative emotions • Enhance their skills and knowledge of handling emotions • Understand the enjoyment that lies in the state of peace • Solve problems in a peaceful manner 		
Assessment	•Worksheets and Activities		

MONTH: NOVEMBER

Content/Topic	1 st Week	2 nd Week	3 rd Week	4 th Week
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Coping with STRESS Motivation	Lesson 6: How can we get motivated Through brainstorming and Story Session	Activity: Are you Stressed? (pg 155-158) (Teacher's Manual on Life Skills, Class VI)	Lesson 7: BODY Causes of Obesity (Obesity one of the reasons of stress)	Activity: Managing Stress (Teacher's Manual on Life Skills, Class VI)
Learning Objectives	<ul style="list-style-type: none"> • To develop the importance of physical exercise in daily life • To give knowledge about healthy eating • To provide the understanding of the concept of stress • To give knowledge of appropriate measures of coping with stress 			
Expected Learning Outcome	<p>Students will be able to –</p> <ul style="list-style-type: none"> • Learn the uses of exercise • Understand the importance of healthy living • Healthy ways of coping with stress • Learn that stress is day to day phenomenon • Understand that stress has positive impacts along with negative impacts • Develop the ability to deal with stress in a healthy way 			
Assessment	Worksheets and Activities			

MONTH: DECEMBER

Content/Topic	1 st & 2 nd Week	3 rd Week	4 th Week	
EMPATHY	SOUL (Source of empathy) - A Great Soul- Mahatama Gandhi	Activity: It is Nice to be Kind/Give Respect to Earn Respect (pg171-177) (Teacher's Manual on Life Skills, Class VI)	Activity: Kindness to our Feathered Friends (181-183) An Inspiring Story- Call of the Conscience (Teacher's Manual on Life Skills, Class VI)	
Learning Objectives	<ul style="list-style-type: none"> • To develop understanding towards the needs of other beings • To enhance motivation to help others • To analyse a situation critically 			

	<ul style="list-style-type: none"> To develop understanding towards the suffering of others through the story To enhance motivation to make a difference in others' life To help the students to think critically and get an insight about the situations
Expected Learning Outcome	<p>Students will be able to –</p> <ul style="list-style-type: none"> Understand the physical and mental pain felt by others Understand the suffering of others and empathise with them Show affection to others Offer help to others Make a choice that is compassionate and responsible towards other people
Assessment	•Worksheets and Activities

Month: JANUARY

Content/Topic	1 st Week	2 nd Week	3 rd Week	4 th Week	5 th Week
<p>Decision Making</p> <p>Problem Solving</p>	Winter Break	Winter Break	MIND: Powerful Tool It's All in Your Mind	<p>Unit 10: Decision Making Activities:</p> <ul style="list-style-type: none"> Activity 1: Readiness for Life Activity 2: Personal Care (pg193-198) <p>(Teacher's Manual on Life Skills, Class VI)</p>	<p>Unit: 11 Problem Solving Activities:</p> <ul style="list-style-type: none"> Activity 1: Buddy Teaching Activity 5: I Can (pg 222) <p>(Teacher's Manual on Life Skills, Class VI)</p>
Learning Objectives	<ul style="list-style-type: none"> To enhance thinking skills To use problem solving skills To develop effective ways of solving problems To provide the knowledge of structured process of problem solving To be skilled in resolving conflicts To help explore the ways of solving conflicts in a healthy manner To refine decision making skills To develop capacity/ability to take right decisions To impart knowledge of making thoughtful and rational decisions To enhance brainstorming 				
Expected Learning Outcome	<p>Students will be able to –</p> <ul style="list-style-type: none"> Make use of their cognitive skills Understand the importance of problem solving Have solution-focused thinking 				

	<ul style="list-style-type: none"> • Take healthy decisions • Gain insight of solving problems in an adaptive manner • Make use of decision making process while solving a conflict • Have a different perspective of looking at the problems/conflicts
Assessment	•Worksheets and Activities

Month: FEBRUARY

Content/Topic	1st Week	2nd Week	3rd Week	4th Week	5th Week
Dependence to Inter-dependence	Dependence to Inter-dependence	Assessment and grading the students on different descriptors	Assessment and grading the students on different descriptors	Assessment and grading the students on different descriptors	Assessment and grading the students on different descriptors
Learning Objectives	<ul style="list-style-type: none"> • To understand the concept of diversities and differences among countrymen • To give an understanding of harmful effects of man-made and natural disasters • To develop adaptation skills to several extreme conditions • To promote the concept of peace and harmony 				
Expected Learning Outcome	Students will be able to – <ul style="list-style-type: none"> • Learn the harmful effects faced after severe man-made or natural conditions • Understand the importance and value of peace and harmony among citizens • Gain insight towards changes to adapt to in severe conditions 				
Assessment	• Classwork, Activities				

MONTH: MARCH

Content/ Topic	1st Week	2nd Week	3rd Week	4th Week	5th Week
	FINAL	EXAMS			

(* For Activities Teachers may refer to CBSE manual/ teacher's manual on life skills)

COMPUTER

MONTH: APRIL

Topic	Content
Chapter 1: Computer Story	<ul style="list-style-type: none"> • Generations of Computers • Components used in various Generations • Classification of Computers- Mini Computer, Micro computer, Mainframe Computer, Super Computer • Exercise and Question-Answers
Learning Objectives	<ul style="list-style-type: none"> • To understand about the Generations and classification of Computer.
Expected Learning Outcome	<ul style="list-style-type: none"> • To learn the Generation of Computers.
Assessment/ Activity	<ul style="list-style-type: none"> • Gather information on Generation of Computers prepare a presentation.
Teaching Aids /Resources	<ul style="list-style-type: none"> • Demonstration of the topic through Presentation, Internet and examples in Lab.

MONTH: MAY

Topic	Content
Chapter 2: Language and Software Story	<ul style="list-style-type: none"> • Learning about Computer Languages- Machine Language, Assembly Language and High Level Language. • Software and its type- System Software, Application Software and Utilities.
Learning Objectives	<ul style="list-style-type: none"> • To learn about Computer languages and types of softwares.
Expected Learning Outcome	<ul style="list-style-type: none"> • To give awareness regarding different types of languages of computer.
Assessment/ Activity	<ul style="list-style-type: none"> • Design a software chart using Open Office Writer as a software tool.
Teaching Aids /Resources	<ul style="list-style-type: none"> • Live Demonstration of the topic through Software in Lab.

MONTH: JULY

Topic	Content
Chapter 5: Programming techniques using Flow Charts	<ul style="list-style-type: none"> • Learning about Flowcharts. • Various Boxes and their purpose • About various Programming Constructs- Sequence, Decision and Repetitions. • Understanding Counters and Accumulators. • Exercise and Question Answers.
Learning Objectives	<ul style="list-style-type: none"> • To familiarize students about flowcharts and its usage in solving a problem.
Expected Learning Outcome	<ul style="list-style-type: none"> • To give awareness regarding different types of languages of computer. • To give the awareness on how to create graphical representation to solve problems
Assessment/ Activity	<ul style="list-style-type: none"> • Create a presentation showing the usage of flowcharts.
Teaching Aids /Resources	<ul style="list-style-type: none"> • Demonstration of the topic through Presentation, Internet and Text Book.

Chapter 6: Introduction to Scratch	<ul style="list-style-type: none"> • Basic Interface • Introduction to commands in various blocks. • Using Repeat Block • Exercise and Question-Answers
Learning Objectives	<ul style="list-style-type: none"> • To enable students to know fundamental ideas about computers and programming, and develop some basic problem-solving and design skills.
Expected Learning Outcome	<ul style="list-style-type: none"> • Learning about the scratch software and its basic interface. • Understanding various commands related to the software.
Assessment/ Activity	<ul style="list-style-type: none"> • Practical based on Scratch.
Teaching Aids /Resources	<ul style="list-style-type: none"> • Demonstration of the topic through Software in Lab.

MONTH: AUGUST

Topic	Content
Chapter 6: Introduction to Scratch	<ul style="list-style-type: none"> • Basic Interface • Introduction to commands in various blocks. • Using Repeat Block • Exercise and Question-Answers
Learning Objectives	<ul style="list-style-type: none"> • To enable students to know fundamental ideas about computers and programming, and develop some basic problem-solving and design skills.
Expected Learning Outcome	<ul style="list-style-type: none"> • Learning about the scratch software and its basic interface. • Understanding various commands related to the software.
Assessment/ Activity	<ul style="list-style-type: none"> • Practical based on Scratch.
Teaching Aids /Resources	<ul style="list-style-type: none"> • Demonstration of the topic through Software in Lab.

****SEPTEMBER (1st week): Computer Theory Exam**

MONTH: OCTOBER

Topic	Content
Chapter 3: Working in Open Office Calc 4.1.1	<ul style="list-style-type: none"> • Understanding Electronic Spreadsheets. • Basic Terms and its meaning- Cell Address, Worksheet, Workbook • Components of Calc Screen • Types of data in a Worksheet- Text, Numeric etc.

	<ul style="list-style-type: none"> • Applying Formula • Auto sum and Sorting • Understanding the concept of Relative referencing, Absolute and Mixed Referencing • Exercise and Question-Answers
Learning Objectives	<ul style="list-style-type: none"> • To familiarize students about Calc, its basic structure and concept. • To enable students to know about basic formatting options and their description so that they create a worksheet with basic formatting.
Expected Learning Outcome	<ul style="list-style-type: none"> • To understand concept of Open Office Calc and its usage in calculation. • To learn usage of Open Office Calc.
Assessment/ Activity	<ul style="list-style-type: none"> • Enter marks of students in three subjects and calculate the sum and average. Now calculate the same for another 10 students using the concept of relative referencing. Format the sheet
Teaching Aids /Resources	<ul style="list-style-type: none"> • Demonstration of the topic through Software in Lab.

MONTH: NOVEMBER

Topic	Content
Chapter 4: Formatting and more in Open Office Calc	<ul style="list-style-type: none"> • To understand the worksheet structure. • Formatting data in a worksheet- changing Font Type, Size, Style, Colour, Background Colour, Setting the Alignment and Applying the Border. • Formatting the Worksheet Structure. • File Operations- Opening, Saving and Closing a Workbook. • Printing the Worksheet/Workbook • Exercise and Question – Answers. • Activity: • To insert a column in a Worksheet after a particular column. • To change the width of a column. • To change the height of a row. • To Insert a Blank row.
Learning Objectives	<ul style="list-style-type: none"> • To familiarize students about formatting and printing the worksheet.
Expected Learning Outcome	<ul style="list-style-type: none"> • To learn usage of Open Office Calc.
Assessment/ Activity	<ul style="list-style-type: none"> • Practical based on Open Office Calc
Teaching Aids /Resources	<ul style="list-style-type: none"> • Demonstration of the topic through Software in Lab.

MONTH: DECEMBER

Topic	Content
Chapter 7: Mailing and mining the web	<ul style="list-style-type: none"> • Working with multiple sprites. • Adding Dialogues • Working with Emails. • Understanding Compose Window and its common fields- To, Cc, Bcc and Subject. • Managing the Address Book- Adding, Editing and Deleting a Contact. • Adding Signature • SPAM and its significance • To send an Attachment.
Learning Objectives	<ul style="list-style-type: none"> • To enable students to know about Email and its working.
Expected Learning Outcome	<ul style="list-style-type: none"> • Understanding various terms and rules related to internet.
Assessment/ Activity	<ul style="list-style-type: none"> • Hold a discussion in class regarding good and bad practices while using E-mails.
Teaching Aids /Resources	<ul style="list-style-type: none"> • Demonstration of the topic through Internet and Text Book.

MONTH: JANUARY

Topic	Content
	<ul style="list-style-type: none"> • Revision

****FEB (2nd week): Computer Theory Exam**

SPORTS

Learning Objectives

The students will be able to:

1. Understand given instructions / components
2. Develop the starting and finishing technique in sprint
3. Learn skill and techniques used in the games of Athletics, basketball, volley ball, football and cricket.
4. Correct postures for healthy lifestyle
5. Learn the 12 pose needed in Suryanamashkar.
6. Develop a greater sense of body self-esteem and appreciation for the art of yoga
7. Introduction to scoring and umpiring.
8. Realize that good health is a person's most valuable asset and gain insight into personal hygiene in general, protection of skin, foot hygiene, diseases, and exercise.
9. Gain insight into good nutrition and related aspects.
10. Work on teamwork and communication skills

Learning Outcomes

1. Perform sprinting techniques which emphasize on different phases of the sprint: correct style sprint, correct foot placing, high knee action, correct trunk and head position, sprint through finishing line.
2. Will learn various skills needed for playing basketball, football, cricket, volleyball correctly.
3. Demonstrate skills associated with volleyball, including passing, setting, serving, attacking (spiking), and blocking.
4. Demonstrate basic skills associated with athletics including strength and flexibility, balance and coordination.
5. Develops flexibility.
6. Learn the 12 poses needed in Suryanamashkar.
7. Understand basic rules, terminology, safety concerns and scoring procedures.
8. Cultivate positive values and attitudes
9. Demonstrate an understanding of health problems associated with inadequate fitness levels.
10. Understand what is meant by good posture while standing, sitting, walking, lifting, carrying, etc. Realize the importance of good posture while standing, sitting, or walking
11. Understand what is meant by balanced diet and how to control one's weight
12. Enjoy and have fun playing with peers

MONTH	TOPIC	Learning Objective	Learning Outcome	Assessment/Activity	Teaching Aids/Resources
APRIL	<ul style="list-style-type: none"> • Commands and instructions • Warm-up exercises <p><u>BASKETBALL</u></p> <ul style="list-style-type: none"> • Terminology / game strategies • Ball Control/Familiarization • Dribbling • Passing • Receiving • Lay-Up Shot <p><u>ATHLETICS</u></p> <ul style="list-style-type: none"> • Terminology • Track And Field Events Categorization • Type of starts • Rules and regulations • Cool-Down and stretching Exercises 	<p>The students will be able to:</p> <ul style="list-style-type: none"> • understand given instructions / command • develop the starting and finishing technique in sprints • Learn skill and techniques used in the game of basketball and athletics. 	<p>The students will:</p> <ul style="list-style-type: none"> • Start with the correct starting technique using the commands: "on your marks", "set", "go". • perform sprinting technique with emphasize on different phases of the sprint: correct style sprint, correct foot placing, high knee action, correct trunk and head position, sprint through finishing line. • Will learn various skills needed for playing basketball correctly. 	<ul style="list-style-type: none"> • Basketball match • AAPHER Test Grading 	<ul style="list-style-type: none"> • Marking cones, stop-watch, a pair of Clapper, limestone powder • Whistle, basketballs court
MAY	<ul style="list-style-type: none"> • Commands and instructions • Warm-up exercises <p><u>VOLLEYBALL</u></p> <ul style="list-style-type: none"> • Terminology • Basic position • Movement on court • Types of service • Types of passes <p>Cool-Down Exercises</p> <p><u>YOGA</u></p> <ul style="list-style-type: none"> • History, Diet 	<p>The students will be able to:</p> <ul style="list-style-type: none"> • learn basic terminologies related to volley ball • learn about history of yoga • Correct postures for healthy lifestyle • Concentration on work 	<p>The students will be able to:</p> <ul style="list-style-type: none"> • apply the knowledge of rules of volleyball • Demonstrate skills associated with volleyball, including passing, setting, serving, attacking (spiking), and blocking. <p>good posture of students</p>	<ul style="list-style-type: none"> • Volleyball Match • Summer Camp • Self-assessment • Demonstrate of yoga postures 	<ul style="list-style-type: none"> • Marking cones, limestone powder Whistle, volleyball and Yoga mats

	<ul style="list-style-type: none"> • Correct standing, sitting and lying posture • SUMMER CAMP 				
JULY	<ul style="list-style-type: none"> • Commands and instructions • Warm-up exercises <p><u>FOOTBALL</u></p> <ul style="list-style-type: none"> • Terminology • Ball Control/Familiarization • Dribbling • Passing • Trapping • Goal keeping <p><u>ATHLETICS (LONG JUMP)</u></p> <ul style="list-style-type: none"> • Terminology • Approach run • Take off • Landing • Holding Position • Cool-Down Exercises 	<p>The students will be able to:</p> <ul style="list-style-type: none"> • develop skills used in football • Understand the event and improve his technique • Game playing strategies 	<p>The students will:</p> <ul style="list-style-type: none"> • demonstrate basic skills associated with football • use appropriate passing skills <p>Demonstrate basic skills associated with athletics including strength and flexibility, balance and coordination.</p>	<ul style="list-style-type: none"> • Jumps • Observation • Self-assessment <p>Grading</p>	<ul style="list-style-type: none"> • Marking cones, stop-watch, a pair of Clapper, limestone powder <p>Whistle, football, athletic track, jumping pit</p>
AUGUST	<ul style="list-style-type: none"> • Commands and instructions • Warm-up exercises <p><u>YOGA</u></p> <ul style="list-style-type: none"> • Suryanamashkar • Standing asanas(any three) • Cool-Down Exercises • Assessments • March past 	<p>The students will be able to:</p> <ul style="list-style-type: none"> • Develop flexibility. • Learn the 12 pose needed in Suryanamashkar • Learn self discipline 	<p>The students will:</p> <p>Be more flexible and physically aware about the benefits of yoga.</p>	<ul style="list-style-type: none"> • Accuracy of posture • Observation • Self-assessment <p>Grading</p>	<ul style="list-style-type: none"> • Marking cones, stop-watch <p>Yoga mats</p>
SEPTEMBER	TERM I EXAM			<ul style="list-style-type: none"> • Sports Quiz • Grading <p>Peer Assessment</p>	

<p>OCTOBER</p>	<ul style="list-style-type: none"> • Commands and instructions • Warm-up exercises <p><u>CRICKET</u></p> <ul style="list-style-type: none"> • Terminology • Batting techniques Defense Drive • Bowling techniques Pace bowling Spin bowling • Fielding <p><u>ATHLETICS (THROWS)</u></p> <ul style="list-style-type: none"> • Shot-put Holding the shot Standing in throwing circle Throwing technique • Discuss throw Holding the disc Throwing technique Cool-Down Exercises • Commands and instructions • Cool down, stretching exercises <p><u>YOGA</u></p> <ul style="list-style-type: none"> • Pranayama (any 3) • Meditation Standing posture (any 3 asanas) 	<p>The students will be able to:</p> <ul style="list-style-type: none"> • develop the throwing technique • Introduction to basic skills of cricket. • participate in the shot-put and discus throw technique • perform the different shot put and discus throw techniques by putting balls, or other round objects from a standing position with variations, such as: putting at a target, putting over a rope, putting over distance lines, grip and position of shot, stance in the circle, landing, delivery. • develop a greater sense of body self-esteem and appreciation for the art of yoga 	<p>The students will:</p> <ul style="list-style-type: none"> • Improve fielding techniques • Improve concentration on work 	<ul style="list-style-type: none"> • Cricket Match • Observation • Self-assessment Grading • Correct body posture 	<ul style="list-style-type: none"> • Marking cones, stop-watch, a pair of Clapper, limestone powder • Whistle, Discus, Cricket kit • Yoga mats
<p>NOVEMBER</p>	<ul style="list-style-type: none"> • Commands and instructions • Warm-up exercises <p><u>FOOTBALL</u></p> <ul style="list-style-type: none"> • Dribbling 	<p>The students will be able to:</p> <ul style="list-style-type: none"> • Build on existing knowledge of different games. 	<p>The students will:</p> <ul style="list-style-type: none"> • Understand basic rules, terminology, safety concerns and scoring procedures. 	<ul style="list-style-type: none"> • Football Match Grading 	<ul style="list-style-type: none"> • Marking cones, stop-watch, limestone powder

	<ul style="list-style-type: none"> • Passing • Trapping • Kicking • Game tactics <p><u>BASKETBALL</u></p> <ul style="list-style-type: none"> • Dribbling • Passing • Receiving • Lay-Up Shot • Game tactics <p>Cool-Down Exercises</p>	<ul style="list-style-type: none"> • introduction to scoring and umpiring • Improve basic skills by use of small game situations. <p>revise and strengthen the skills learnt</p>	perform proper techniques		Basketball and football
DECEMBER	<ul style="list-style-type: none"> • Commands and instructions • Warm-up exercises <p><u>YOGA</u></p> <ul style="list-style-type: none"> • Pranayama (any 3) • Meditation • Lying asanas (any 3 asanas) <p><u>HEALTH PROMOTION</u></p> <ul style="list-style-type: none"> • Nutrition • Balance diet • Healthy eating habits 	<p>The students will be able to:</p> <ul style="list-style-type: none"> • gain theoretical knowledge of health-related aspects • realize that good health is a person's most valuable asset and gain insight into personal hygiene in general, protection of skin, foot hygiene, diseases, and exercise • realize the importance of good posture <p>gain insight into good nutrition and related aspects</p>	<p>The students will:</p> <ul style="list-style-type: none"> • cultivate positive values and attitudes • Demonstrate an understanding of health problems associated with inadequate fitness levels. • Understand what is meant by good posture while standing, sitting, walking, lifting, carrying, etc. Realize the importance of good posture while standing, sitting, or walking • Understand what is meant by balanced diet and how to control one's weight. 	<ul style="list-style-type: none"> • Accuracy of posture • Observation Self-assessment 	As per requirement

			<ul style="list-style-type: none"> • Demonstrate and understanding of sound nutritional practices as related to health and physical performance. 		
JANUARY	WINTER BREAK GAMES <ul style="list-style-type: none"> • Lead-up games • Dodging games • Races and relays • Traditional games Recreational games ASSESSMENTS	The students will be able to: <ul style="list-style-type: none"> • enjoy participation in games • Work on teamwork and communication skills 	The students will: <ul style="list-style-type: none"> • play dodging games like circle dodge-ball • Demonstrate proper etiquette and good sportsmanship. Enjoy and have fun playing with peers	<ul style="list-style-type: none"> • Observation • Self-assessment Grading	As per the requirement of games
FEBRUARY	ASSESSMENTS			<ul style="list-style-type: none"> • Parameters Grading	Marking cones, stop-watch, a pair of Clapper, limestone powder and Whistle.

ART & CRAFT

MONTH	TOPIC/ CONTENT	LEARNING OBJECTIVE	LEARNING OUTCOME	TEACHING AIDS /RESOURCES	ASSESSMENT/ACTIVITY
TERM I					
April	Still life	To enable students to analyse the object forms, shapes, colour, texture, material and it's behaviours with light.	The students will be able to arrange the elements within a composition.	Poster colours, brushes, Oil pastels, Pencils (2B, 4B, 6B). Visuals, Still life by prominent artist shown on smart board. Book ref: Art Aesthetics.	Sketch, paints and understands the importance of colours. Experiments with different mediums. Displays observation skills and co-relates with real life. Takes an innovative and creative approach. Shows Aesthetic sensibilities.
May	Nature study	To enable the students to relate vividness of nature and its elements through their expression of creativity.	The students will be able to relate themselves with nature and to express through their creativity.	Pencils (2B, 4B, 6B), black ball pen, poster colours, brushes, oil pastels. Visuals, foliage or outdoor study, monuments shown on smart board. Book ref: Art Aesthetics.	Sketch, paints and understands the importance of colours. Experiments with different mediums. Displays observation skills and co-relates with real life. Takes an innovative and creative approach. Shows Aesthetic sensibilities.
July	Animal /birds study	To enable the students to study the animal anatomy.	The students will be able to include the contemporary skill of art with animal anatomy and sketches.	Pencils (2B, 4B, 6B), markers. Visuals animal anatomy or sketches shown on smart board. Book ref: Art Aesthetics.	Sketch, paints and understands the importance of colours. Experiments with different mediums. Displays observation skills and co-relates with real life. Takes an innovative and creative approach. Shows Aesthetic sensibilities.
August	Human study	To enable the students to study the human anatomy.	The students will be able to include the contemporary skill of art with human anatomy and sketches.	Pencils (2B, 4B, 6B). Visual human anatomy or sketches shown on smart board. Book ref: Art Aesthetics.	Sketch, paints and understands the importance of colours. Experiments with different mediums. Displays observation skills and co-relates with real life. Takes an innovative and creative approach. Shows Aesthetic sensibilities.
September	Poster design	To enable the students to visualize and to communicate a	The students will be able to make poster using	Poster colours, oil pastels, markers, brushes etc.	Sketch, paints and understands the importance of colours. Experiments with different mediums.

		message in a creative manner.	different techniques and medium of colours.	Visual poster shown on smart board. Book ref: Art Aesthetics.	Displays observation skills and co-relates with real life. Takes an innovative and creative approach. Shows Aesthetic sensibilities.
Term II					
October	Folk art	To enable the students to draw and paint on utensils, textiles, pottery and various other items of daily use.	The students will be able to decorate on the utensils, textiles and various other items of daily use.	Handmade sheet, poster colours, brushes, marker pen. Visuals Folk Art, miniature paintings shown on smart board. Book ref: Art Aesthetics.	Sketch, paints and understands the importance of colours. Experiments with different mediums. Displays observation skills and co-relates with real life. Takes an innovative and creative approach. Shows Aesthetic sensibilities.
November	Craft work	To enable the students to use waste material in a creative manner.	The students will be able to utilize the waste materials in a creative manner.	Waste materials, pair of scissors. Visuals best out of waste models shown on smart board.	Sketch, paints and understands the importance of colours. Experiments with different mediums. Displays observation skills and co-relates with real life. Takes an innovative and creative approach. Shows Aesthetic sensibilities.
December	Compositions	To enable the students to recollect earlier topics like elements of Art, still life etc. and illustrate theme.	The students will be able to draw and paint the topic related to real life according to their creativity.	Poster colours, brushes and drawing board. Visual compositions shown on smart board. Book ref: Art Aesthetics.	Sketch, paints and understands the importance of colours. Experiments with different mediums. Displays observation skills and co-relates with real life. Takes an innovative and creative approach. Shows Aesthetic sensibilities.
January	Compositions	To enable the students to recollect earlier topics like elements of Art, still life etc. and illustrate theme. Revision.	The students will be able to draw and paint the topic related to real life according to their creativity. Revision.	Poster colours, brushes and drawing board. Visual compositions shown on smart board. Book ref: Art Aesthetics.	Sketch, paints and understands the importance of colours. Experiments with different mediums. Displays observation skills and co-relates with real life. Takes an innovative and creative approach. Shows Aesthetic sensibilities.
February	Revision				

MUSIC AND DANCE

VOCAL MUSIC

MONTH	Content/Topic	Learning objectives	Learning Outcomes	Assessment/Activity	Teaching Aid/ Resources
APRIL	Basic tuning of voice, definition of taal , basic terms of music	To Understand Verbal & Written Music /Sing/Recite/Perform/the Bandish /Taals/Raga/Songs/ Handbeats	Knowledge of swars & To Understand the own voice	Assessment through group activity related to the lesson taught	Audio, Video C.D'S and personal demonstrations
MAY	Knowledge of different notes/ aroh avroh in shudh swaras / alankaar /saptak	To Understand Verbal & Written Music /Sing/Recite/Perform/the Bandish /Taals/Raga/Songs/ Handbeats	To understand all notes and bols	Assessment through group activity related to the lesson taught	Audio, Video C.D'S and personal demonstrations
JULY	Prayer /basic terms of music /teen taal /breathing exercisecs	To Understand Verbal & Written Music /Sing/Recite/Perform/the Bandish /Taals/Raga/Songs/ Handbeats	To understand prayer teentaal	Assessment through group activity related to the lesson taught	Audio, Video C.D'S and personal demonstrations
AUGUST	teen taal /song/ basic music definition	To Understand Verbal & Written Music /Sing/Recite/Perform/the Bandish /Taals/Raga/Songs/ Handbeats	Student will be able to understand teen taal /song	Assessment through group activity related to the lesson taught	Audio, Video C.D'S and personal demonstrations
SEPTEMBER	REVISION GRADING	To Understand Verbal & Written Music /Sing/Recite/Perform/the Bandish /Taals/Raga/Songs/ Handbeats	Student will be able to understand teen taal /song	Assessment through group activity related to the lesson taught	Audio, Video C.D'S and personal demonstrations
OCTOBER	Dadra taal ,taal with hand beats , basic tuning of voice culture	To Understand Verbal & Written Music /Sing/Recite/Perform/the Bandish /Taals/Raga/Songs/ Handbeats	To develop sense of music	Assessment through group activity related to the lesson taught	Audio, Video C.D'S and personal demonstrations
NOVEMBER	knowledge of octave/ light music /komal swar	To Understand Verbal & Written Music /Sing/Recite/Perform/the Bandish /Taals/Raga/Songs/ Handbeats	Student will be able to understand/shudh komal swar /light music	Assessment through group activity related to the lesson taught	Audio, Video C.D'S and personal demonstrations

DECEMBER	Different alankars /prayer/dadra revision with hand beat	To Understand Verbal & Written Music /Sing/Recite/Perform/the Bandish /Taals/Raga/Songs/ Handbeats	To develop Rhythmic sense	Assessment through group activity related to the lesson taught	Audio, Video C.D'S and personal demonstrations
JANUARY	Notation of one prayer/ Different alankars revision	To Understand Verbal & Written Music /Sing/Recite/Perform/the Bandish /Taals/Raga/Songs/ Handbeats	understand the Notation ,alankars	Assessment through group activity related to the lesson taught	Audio, Video C.D'S and personal demonstrations
FEBRURAY		To Understand Verbal & Written Music /Sing/Recite/Perform/the Bandish /Taals/Raga/Songs/ Handbeats		Assessment through group activity related to the lesson taught	Audio, Video C.D'S and personal demonstrations

INSTRUMENTAL MUSIC

MONTH	Content/Topic	Learning objectives	Learning Outcomes	Assessment/Activity	Teaching Aid/ Resources
APRIL	Simple finger movement exercises/ /basic bols of tabla finger movement definition of taal basic terms of music	To Understand Verbal & Written Music / Playing instrument / Sing/Recite/Perform the Bandish /Taals/Raga/ Handbeats	Knowledge of swars & To Understand the instruments	Assessment through group activity related to the lesson taught	Audio, Video C.D'S and personal demonstrations
MAY	Knowledge of different notes/ aroh avroh in shudh swaras / alankaar /saptak	To Understand Verbal & Written Music / Playing instrument / Sing/Recite/Perform the Bandish /Taals/Raga/ Handbeats	To understand all notes and bols	Assessment through group activity related to the lesson taught	Audio, Video C.D'S and personal demonstrations
JULY	Prayer /basic terms of music /teen taal / basic bols of tabla	To Understand Verbal & Written Music / Playing instrument / Sing/Recite/Perform the Bandish /Taals/Raga/ Handbeats	To understand prayer teentaal & bol	Assessment through group activity related to the lesson taught	Audio, Video C.D'S and personal demonstrations
AUGUST	teen taal /song/ basic music definition	To Understand Verbal & Written Music / Playing instrument / Sing/Recite/Perform the Bandish /Taals/Raga/ Handbeats	Student will be able to play teen taal /song	Assessment through group activity related to the lesson taught	Audio, Video C.D'S and personal demonstrations

SEPTEMBER	REVISION GRADING				
OCTOBER	Dadra taal ,taal with hand beats ,basic chords	To Understand Verbal & Written Music / Playing instrument / Sing/Recite/Perform the Bandish /Taals/Raga/ Handbeats	To develop sense of music and chords	Assessment through group activity related to the lesson taught	Audio, Video C.D'S and personal demonstrations
NOVEMBER	knowledge of octave/ light music /komal swar	To Understand Verbal & Written Music / Playing instrument / Sing/Recite/Perform the Bandish /Taals/Raga/ Handbeats	Student will be able to understand/shudh komal swar /light music	Assessment through group activity related to the lesson taught	Audio, Video C.D'S and personal demonstrations
DECEMBER	Different alankars /prayer/dadra revision with hand beat	To Understand Verbal & Written Music / Playing instrument / Sing/Recite/Perform the Bandish /Taals/Raga/handbeats	To develop Rhythmic sense	Assessment through group activity related to the lesson taught	Audio, Video C.D'S and personal demonstrations
JANUARY	Notation of one prayer/ Different alankars revision	To Understand Verbal & Written Music / Playing instrument / Sing/Recite/Perform the Bandish /Taals/Raga/ Handbeats	understand the Notation ,alankars	Assessment through group activity related to the lesson taught	Audio, Video C.D'S and personal demonstrations
FEBRUARY	REVISION GRADING				

DANCE

MONTH	TOPIC	Learning Objective	Learning Outcome	Assessment/ Activity	Teaching Aids/Resources
APRIL	Definitions of dance, basic work out. Difference between indian and western style	Students should have knowledge about different aspects of dance theory/practical	Students should be thorough with the concept of dance	Assessment through group activity related to the lesson taught	Audio, Video C.D'S and personal demonstrations
MAY	Advance work out movements of different parts of the body	Students should have knowledge about different aspects of dance theory/practical	Students should be thorough with the dance movements	Assessment through group activity related to the lesson taught	Audio, Video C.D'S and personal demonstrations
JULY	Importance of Natraj, Movements to be taught related to Natraj	Students should have knowledge about different aspects of dance theory/practical	coordination of movements taught on music	Assessment through group activity related to the lesson taught	Audio, Video C.D'S and

					personal demonstrations
AUGUST	Dance choreography on the movements based on Natraj	Students should have knowledge about different aspects of dance theory/practical	coordination of movements taught on music	Assessment through group activity related to the lesson taught	Audio, Video C.D'S and personal demonstrations
SEPTEMBER	Revision and Grading				
OCTOBER	Definition of taal, padhant of teen taal, Aadi taal jhap taal	Students should have knowledge about different aspects of dance theory/practical	students should be able to know different taal thoroughly	Assessment through group activity related to the lesson taught	Audio, Video C.D'S and personal demonstrations
NOVEMBER	Any dance choreography based on any one taal Concept about Jazz	Students should have knowledge about different aspects of dance theory/practical	students should be able to learn the movements based on taal	Assessment through group activity related to the lesson taught	Audio, Video C.D'S and personal demonstrations
DECEMBER	Different dances of India (any one folk dance)	Students should have knowledge about different aspects of dance theory/practical	students should have knowledge about of different dances of India	Assessment through group activity related to the lesson taught	Audio, Video C.D'S and personal demonstrations
JANUARY	Folk dance of India to be continued ,practice of taal	Students should have knowledge about different aspects of dance theory/practical	make the base of strong rhythm sense	Assessment through group activity related to the lesson taught	Audio, Video C.D'S and personal demonstrations
FEBRUARY	Revision and Grading				