

## PREVENTIVE MEASURES FOR COVID-19

Dear all

We are all concerned about the Novel Coronavirus reported from China and 24 other countries. Though much is not known about the disease dynamics, it is evident that there is human to human transmission. As of now, there is no drug or vaccine available to manage this disease. Hence, preventive measures become crucial to prevent the spread of this pandemic.

As per advisory received from CBSE, creating awareness among school children about preventive interventions such as frequent hand wash, respiratory etiquettes (using handkerchief over mouth while coughing / sneezing, use of tissue paper or using the sleeve of shirt covering upper arm, staying away from school when sick, avoiding public gathering etc) will help in preventing / reducing transmission of not only this disease, but also large number of other communicable diseases, notably flu like illness. Further, such informed children can be agents of change for their family, community and beyond. In view of the above, you are requested to take initiatives to teach children these simple public health measures that will go a long way in preventing spread of Novel Coronavirus disease.

As precautionary measures, you may keep in mind and teach the following points to your children to be safe from the virus:-

- Frequent hand wash, use of sanitizers and masks as a safety precaution.
- Maintain the highest standards of hygiene.
- When coughing and sneezing, cover the mouth and nose with handkerchief or tissue.
- If having cough, fever or difficulty in breathing, contact a doctor immediately.
- It is also advised that parents should refrain from travel, unless it is an emergency.
- Avoid travel, if suffering from fever or cough.
- Avoid going to crowded places.

On our part at school, we are trying to maintain highest standards of hygiene in the premises. Please be assured that as a school, the well being of our children is of utmost importance to us.

We look forward to your unstinted support and cooperation at all times. Please write to me in case there is any query/concern you may have regarding these developments.

Regards

GDSPS